



VETERANS VOLLEYBALL

June 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15 3:00 -5:00	16 10:00 -12:00	17
18	19	20 4:30 -6:00	21	22 4:30 -6:00	23	24
25	26	27 3:00 -5:00	28	29 3:00 -5:00	30 10:00 -12:00	

- Summer workouts will begin in June
- Location: VMMS
- Attire: Athletic shorts, T-shirt, & Tennis Shoes
- Please have parent & yourself join GroupMe for updates & Information



July 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10	11 10:00 -12:00	12 10:00 -12:00	13 10:00 -12:00	14	15
16	17 10:00 -12:00	18 10:00 -12:00	19	20 10:00 -12:00	21	22
23	24 10:00 -12:00	25 10:00 -12:00	26	27 10:00 -12:00	28	29
30	31 10:00 -12:00					

****Disclaimer****

Participation in summer workouts does not guarantee a spot on the team for the upcoming season. Tryouts will be held in September.

For questions you can contact Coach Rodriguez:
Rodriguez.Jeremy.V@muscogee.k12.ga.us

Or GROUPME

* All dates, times, & locations are tentative & subject to change. Changes will be announced via GroupMe.