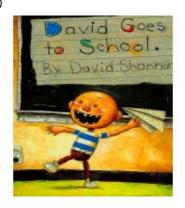
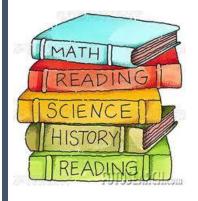
Northside High School Magnet Class of 2026©

Verification Day – information to follow 1st DAY – Monday, August 8th 8:10am – 3:25pm (car riders-traffic⊗)





*4 academic classes/Personal Fitness/2 electives

*7 classes daily – 55 minutes each

*Biomedical /Engineering classes – classes will begin in 10th grade

*Magnet students will be grouped together in advisement (meets weekly)

VOLUNTEERING – get started this SUMMER!

25 hours are required each year as part of your magnet hardship

We want you to choose what interests you when it comes to volunteering – examples include but are not limited to:

Vacation Bible School (crew leader/helpers, etc.)

Feeding the Valley Corta Poplar Place Horse Farm

Godwin Creek Golf Habitat for Humanity

Gardens of Calvary Public libraries

Volunteer forms found on the NHS website under the Magnet tab or you can submit a letter from the volunteer organization!

Northside High School Patriots Summer Sports information

FOOTBALL: workouts will be on Tuesday-Wed-Thursday 8 am-11am

Week 1: June 7,8,9 Week 5: DEAD WEEK – NO WORKOUTS

Week 2: June 14,15,16 Week 6: July 12,13,14

Week 3: June 21, 22, 23 Week 7: July 19, 20, 21

Week 4: June 28,29, 30

Week 8: July 25-29 (Mandatory Acclimation Period M-FR) Times TBA

Workout begins at 8:00am and will finish at 11:00am

Players will need to bring shoes and cleats – we are on an Adidas contract

Please purchase Adidas brand cleats in either white, red, navy or black

**ALL players must have a current physical

Coach Oropeza <u>Oropeza.Andrew.J@muscogee.k12.ga.us</u>

SOFTBALL: tryouts will be May 3rd,4th and 5th from 5;30pm-7:30pm Bring all equipment, tennis shoes, and cleats.

**ALL players must have a current physical

Coach Jenkins <u>Jenkins.Brandon@muscogee.k12.ga.us</u>

VOLLEYBALL: May 3rd 5:00-6:30pm May 4th 6:00-7:30pm

All participants must bring a current physical, athletic wear, kneepads, and a water bottle in order to participate. Check in begins at 4:45 on May 3

Coach Roper Roper.Cassia.H@muscogee.k12.ga.us

CROSS COUNTRY: Officially begins June 20th

Mondays-Heath Park-7:30 AM Tuesdays-Northside Bus Loop-7:30 AM Thursdays-Heath Park-7:30 AM Must have a current physical to participate Coach Teresa Dean <u>Dean.Teresa.R@muscgoee.k12.ga.us</u>

NORTHSIDE PATRIOTS

NAME	SPORT	EMAIL
Ingram, Morgan	ATHLETIC DIRECTOR	Ingram.patrick.m@muscogee.k12.ga.us
Branch, Karissa	GIRLS SOCCER	Castillo.Karissa.J@muscogee.k12.ga.us
Dean, Chad	FLAG FOOTBALL	Dean.Chad.D@muscogee.k12.ga.us
Dean, Teresa	CROSS COUNTRY	Dean.Teresa.R@muscogee.k12.ga.us
Garner, Craig	BASEBALL	Garner.Richard.C@muscogee.k12.ga.us
Harper, Isiah	ONE ACT/LITERARY	Harper.lsiah.M@muscogee.k12.ga.us
Tapia, Wilmer	RIFLE	Tapia.Wilmer.L@muscogee.k12.ga.us
Hidle, Tish	GIRLS GOLF	Hidle.Patricia.K@muscogee.k12.ga.us
Jeffcoat, Kevin	BOYS GOLF	Jeffcoat.Kevin.M@muscogee.k12.ga.us
Jenkins, Brandon	SOFTBALL	Jenkins.Brandon@muscogee.k12.ga.us
Johnson, Gregory	BOYS BASKETBALL	Johnson.Gregory2@muscogee.k12.ga.us
Lee, Ryan	BOYS SOCCER	Lee.Ryan.P@muscogee.k12.ga.us
MacPhail, Kristan	CHEERLEADING	Macphail.Kristan.N@muscogee.k12.ga.us
Odom, Sheena	SWIM	Odom.Sheena.N@muscogee.k12.ga.us
Oropeza, Andrew	FOOTBALL	Oropeza.Andrew.J@muscogee.k12.ga.us
Redmond, Matt	WRESTLING	Redmond.Matthew.J@muscogee.k12.ga.us
Roper, Cassia	VOLLEYBALL	Roper.Cassia.H@muscogee.k12.ga.us
Shepherd, Meredith	TRACK & FIELD	Shepherd.Meredith.A@muscogee.k12.ga.us
Tuite, Joseph	TENNIS	Tuite.Joseph.C@muscogee.k12.ga.us
Woods, Jarquella	GIRLS BASKETBALL	Woods.Jarquella.P@muscogee.k12.ga.us

The Institute of Athletic Health Care and Research associated with The Hughston Foundation will be providing

SPORTS Pre-Participation Screening Evaluations (PPSEs) Saturday, May 7th at Northside High School 9:00AM – 12:00Pm

- The evaluations will cost \$10.00 per athlete. Five dollars from each exam will be placed into an account for that specific school's athletic program, to provide for athletic health care equipment and supplies.
- All athletes MUST be dressed in shorts, t-shirts, socks, and tennis shoes. No long pants, blue jeans, or sandals. If you wear glasses or contacts make sure to bring them with you for the vision exam.
- Please report to the front of the school between the times of 9AM and 12PM (EST) No one will be admitted after 12PM (EST)
- **Please note:** The PPSE will include the following stations: medical history (*MUST have this section on the physical form filled out PRIOR to reporting*), height and weight, blood pressure and pulse, vision screening, general medical check, musculoskeletal exam, body composition.
- This documentation is required to participate in any type of athletic activity for Northside High School and the Muscogee County School District. A new physical must be obtained each year.