

**Muscogee County School District  
Student Health Services  
SEVERE ALLERGIC REACTION STUDENT HEALTH CARE PLAN**

Please bring or mail this care plan to the school.  
A new health care plan is required every school year.

Student: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ School year: \_\_\_\_\_

School: \_\_\_\_\_ Teacher: \_\_\_\_\_ Grade/Team: \_\_\_\_\_

**ALLERGY:** \_\_\_\_\_ **Asthmatic**    **YES\***    **NO**  
\*Higher risk for severe reaction

**◆ STEP 1: TREATMENT ◆**

**For the following symptoms:**

**Give checked Medication**

NO SYMPTOMS, but ingestion or in contact with allergen	<input type="checkbox"/> Epinephrine <input type="checkbox"/> Antihistamine
MOUTH: Itching, tingling, or swelling of lips, tongue, mouth	<input type="checkbox"/> Epinephrine <input type="checkbox"/> Antihistamine
SKIN: Hives, itchy rash, swelling of face or extremities	<input type="checkbox"/> Epinephrine <input type="checkbox"/> Antihistamine
GUT: Nausea, abdominal cramps, vomiting, diarrhea	<input type="checkbox"/> Epinephrine <input type="checkbox"/> Antihistamine
◆ THROAT: Tightening of throat, hoarseness, hacking cough	<input type="checkbox"/> Epinephrine <input type="checkbox"/> Antihistamine
◆ LUNG: Shortness of breath, repetitive coughing, wheezing	<input type="checkbox"/> Epinephrine <input type="checkbox"/> Antihistamine
◆ HEART: Thready pulse, low BP, fainting, pale, blueness	<input type="checkbox"/> Epinephrine <input type="checkbox"/> Antihistamine
◆ OTHER:	<input type="checkbox"/> Epinephrine <input type="checkbox"/> Antihistamine

◆Potentially life-threatening symptoms

<b>SEVERAL of the above areas affected and reaction progressing</b>	<input type="checkbox"/> Epinephrine <input type="checkbox"/> Antihistamine
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**DOSAGE OF MEDICATION**

	<b>Medication Name/Dose/Route</b>
Epinephrine ( inject intramuscularly)	<input type="checkbox"/> EpiPen® <input type="checkbox"/> EpiPen®Jr. <input type="checkbox"/> Twinject™ 0.3 mg <input type="checkbox"/> Twinject™ 0.15 mg
Antihistamine (orally)	
Other	

**IMPORTANT: Asthma inhalers and/or antihistamines cannot be depended on to replace epinephrine in anaphylaxis**

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**◆ STEP 2: EMERGENCY CALLS ◆**

1. **Call 911.** State that an allergic reaction has been treated and additional epinephrine may be needed.

2. **Physician:** \_\_\_\_\_ **Phone Number:** \_\_\_\_\_

**3. Emergency Contacts**

Parent/Guardian/Contact	Relationship	Phone Number	Alternate Phone Number
<b>Primary / Allergy Healthcare Provider:</b>		<b>Phone Number:</b>	

**\*\*\*\*\*DO NOT HESITATE TO MEDICATE OR CALL 911 even if Parents or Physician CANNOT be reached.\*\*\*\*\***

**Physician's Authorization**

My signature provides for the above orders. I understand that all procedures must be implemented within state laws and regulations. This authorization is valid for one year.

- If changes are indicated, I will provide new written authorized orders
- Dose/treatment changes may be relayed through parent/guardian.

**Physician's Name:** \_\_\_\_\_ **Phone Number:** \_\_\_\_\_

**Physician's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parent Consent for Management of Allergy at School**

I \_\_\_\_\_ (Parent/Guardian) hereby authorize the named Healthcare Provider who has attended to my child, to furnish to the School Health Services Nurse and/or School Clinic Staff any medical information and/or copies of records pertaining to my child's allergy and for this information to be shared with pertinent school staff at my child's school. I understand that as of April 14, 2003, under the Health Insurance Portable and Accountability Act ("HIPAA") disclosure of certain medical information is limited. However, I expressly authorize disclosure of information so that my child's medical needs may be served while in attendance in the Muscogee County Schools. This authorization expires as of the last day of the school year.

I request designated school personnel to administer the medication and treatment orders as prescribed above. I agree to provide the necessary supplies and equipment and to notify the school nurse if there is a change in the student's health management or health care provider.

I understand that it is my responsibility to notify the bus driver, school administration, teacher, clinic worker and school nurse of any and all health conditions for my child.

**Parent/Guardian's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_