

**Volleyball Tryouts 2024**

Any student that would like to tryout for Volleyball **MUST sign up to tryout by September 30, 2024 at Noon** using the following link or **QR code.**

<https://docs.google.com/forms/d/e/1FAIpQLScmkRffuQ5OI13IRI5LaFtIZo3d8Yg3nbdiROd0dZ1-r1a4mQ/viewform>

You can also access the link on the school website under athletics and volleyball.

**Any student that does not sign up will NOT be allowed to tryout.**

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**SCAN ME**

**Make sure you read the tryout details before you sign up.**



**FORT MIDDLE SCHOOL**

**Volleyball 2024**

**Tryouts Dates: Day 1: Tuesday, October 1st from** 3:15pm – 5:00 pm

**Day 2: Wednesday, October 2nd from** 3:15pm – 5:00pm

**Final Roster will be posted the evening of October 2nd.**

**Parent Zoom Meeting October 7th at 5:30 pm. A link will be sent home with the players. (subject to change)**

ALL students **MUST sign up to tryout by Monday, Sept. 30, 2024 BY NOON** using the provided link or **QR code.** You can also access the link on the school website under athletics and volleyball.

**Any students that do not sign up will NOT be allowed to tryout.**

* Students trying out should report to the new gym immediately following school’s dismissal.
* Bring your own water bottle, shoes, and tryout clothes (knee pads, if possible)
* Tryouts and practices are closed to parents and visitors. Please remain in the parking lot until your child is dismissed each day

**Form Requirements to try-out for Volleyball:**

1. Current physical on file with Coach Ward\*
2. Assumption of Risk form on file with Coach Ward\*
3. Copy of All waiver forms on file with Coach Ward

\*Forms can be downloaded from FMS’ Website under “Athletics”

**Making the team will be determined by the following:**

* Skills (Passing, Setting, Hitting, Serving) 60%
* Athletic Ability (Quickness, Endurance, Strength, Jumping Ability) 10%
* Communication, Work Ethic, Versatility, and Coachable: 30%

**Practice and Meet Schedule**

* **If you make the team, practice will begin Thursday, October 3rd from 3:15-5:00pm.**
* Practices are Monday-Friday from 3:15 to 5:00 p.m. The players will be given a calendar with matches, practice dates, and times. Please make sure you keep up with all dates and times.

**Costs: Required Total is $85.00**

* Team Tee Shirt or sweatshirt
* Team Socks
* Athletic Fee

Everything must be paid in **CASH or GoFan by October 7th to Coach Ward.**

**Head Coach**: Shanakie Ward

**Assistant Coach**: Jayla Brown

A**thletic Director**: Shanakie Ward

**Principal**: Dr. Taneshia Ingersol

**Assistant Principal**: Shenikki Thornton