



The Great Kindness Challenge

Weekly Schedule of Activities: January 24 - 28, 2022

MONDAY

“Kindness Rocks”
(Dress like a rock star)



We will begin working on the compliment wall.

Kindness quotes will be shared during the morning announcements.

A photo prop will be set up for pictures to be taken during the week.

TUESDAY

“Wild About Kindness” (Wear animal print or camo)



Students will create kindness cards for other students, teachers, and/or staff.

WEDNESDAY

“Never Too Old For Kindness” (Dress as a senior citizen)



Moments for MYSELF.

Students will have interactive self-esteem and growth mindset activities.

THURSDAY

“Color Your World With Kindness” (Wear your favorite color)



Students will watch a video and write down 3 things they are grateful for.

FRIDAY

“Kindness Is The Wildcat Way” (FRE spirit wear)



Students will create their own kindness banner, song, poems, story, etc.