

ASCA COVID-19 Resources

ASCA is working with the Centers for Disease Control on issues related to how schools work with students on issues surrounding COVID-19 and are helping the CDC develop appropriate and effective messages on how to talk to children about coronavirus.

Here are some suggestions and resources to consider as you provide support to your students regarding COVID-19. Before you take any action, consult with your district to discover any guidance or response initiatives it has in place so your actions align with school and district programs. School counselors also should:

- Encourage parents to limit their children's exposure to the media
- Provide a calming influence to students as needed
- Help students address their fears

Centers for Disease Control

[Coronavirus Disease 2019](#)

[Interim Guidance for Administrators of US Childcare Programs and K-12 Schools to Plan, Prepare and Respond to Coronavirus Disease 2019](#)

[Guidance for School Settings Before and During an Outbreak](#)

U.S. Department of Education

[COVID-19 Information and Resources for Schools and School Personnel](#)

[Protecting Student Privacy](#)

SAMHSA

[Coping with Stress During an Infectious Disease Outbreak](#)

National School Boards Association

[COVID-19: Preparing for Widespread Illness in Your School Community: A Legal Guide for School Leaders](#)

National Education Association

[Schools and Coronavirus](#)

National Association of School Psychologists

[Talking to Children About COVID-19: A Parent Resource](#)

The College Board

[Updates on SAT testing and other college admissions issues](#)

[AP Testing updates](#)

ACT

[Update on ACT testing dates](#)

The Common App

[Message Regarding the Coronavirus](#)

National Association of College Admission Counselors

[Updates on various dates, exams, etc.](#)

No Kid Hungry

[FAQ about Child Nutrition Program options during school closures](#)

Child Mind Institute

[Talking to Kids About the Coronavirus](#)

Center for American Progress

[How K-12 Schools Should Prepare for Coronavirus](#)

Share My Lesson

[Coronavirus Student Guide: Explanations and News Updates](#)

Virtual School Counseling Resources and Ideas

Across social media and in the ASCA SCENE, school counselors have shared a number of resources, creative lesson ideas, recommendations for digital learning tools and more. ASCA has curated some of those ideas here. For links to specific lessons shared by other school counselors, please visit the [Virtual School Counseling Lessons and Tools community and library on ASCA SCENE](#). Please add your own lessons as well. (If you experience difficulty uploading your file, please email [Angie Hickman](#).)

Tech Tools

- Google is offering free access to [G-Suite for Education](#) at no cost through July 1. [Learn more](#) about how to use Google to serve students when schools are closed.
- [Nearpod](#) provides a platform for live lessons.
- [Zoom](#) offers free resources for educators during school closures.
- [WebEx](#) offers free access to connect with students and colleagues.

Note: For details about HIPAA and FERPA relative to digital platforms for school counseling, [click here](#).

School Counseling Resources and Ideas

- [The Association for Career and Technical Education](#) has compiled a list of resources for distance learning as well as free online courses.
- [CASEL](#) has collected a number of resources to assist in addressing students' social and emotional needs.
- [Sanford Harmony](#) at National University provides social and emotional learning tools for pre-K–6.
- [Common Sense](#) has curated a list of tools to assist children with special needs or learning differences that should be helpful to parents during school closures.
- [NEWSELA](#) offers social/emotional learning lessons students can complete remotely.
- [BrainPOP](#) provides movies with social/emotional learning components that students can watch and respond to.
- Because kids are participating in more digital learning, offer a refresher on [digital safety, cyberbullying, etc.](#)
- [The New York Times](#) is offering writing prompts, interactive discussions, documentaries and contests (updated every weekday)
- Now is a great time to check out [Google Expeditions](#), where you'll find virtual field trips and AR experiences.
- [Everfi](#) is offering free digital lessons for remote learning.
- The [Confident School Counselor](#) provides resources for self-guided learning, webinars and toolkits for a range of topics.
- [Centervention](#)'s game-based behavior interventions help students practice social and emotional skills.
- [The Original Ned Show](#) offers "fun stuff for home," including printables about responsibility, making good choices, etc.
- [Seesaw](#) is a remote learning platform, but the home-learning tips for families may be helpful for school counselors to share.
- The Special Olympics [GenerationUnified.org](#) has an abundance of video content and amazing stories to help keep you inspired and uplifted.
- Older students may be interested in learning how to journal with [Mayo Clinic's Gratitude Challenge](#).
- Students may want to tour college campuses [here](#) and [here](#), since they can't visit in real life.
- [Inside SEL](#) links to a number of social/emotional learning resources.

- In terms of free resources for a variety of learning or enrichment needs, note that for younger students, free streaming is available from [Pluto TV](#) and [Kanopy](#), the [Metropolitan Opera](#) offers free access to nightly streaming and [Scholastic Learn at Home](#) is offering 20 days of free access (up to three hours per day). Additionally, ASCA member Holly Altiero has developed a webpage of [education companies offering free subscriptions](#) due to school closings.