

## **BRMS Volleyball Player Contract**

As a student athlete, I, \_\_\_\_\_ (printed full name), understand that volleyball is a team sport and that my obligations to my team include:

1. I will attend all scheduled practices and matches and will be on time. If I will be late to practice, I will text or call the coach DIRECTLY. I will not miss practice for tutoring; instead, I will attend early morning tutorials when necessary.
2. I understand that athletes are only excused from practices or matches when they are ill and absent from school. If I will be missing a match, I will inform my coach ASAP so that she/he can adjust the lineup. (Excuses are granted in VERY limited circumstances—usually in the event of illness, emergency, or previously approved conflict.)
3. I understand that time management is my responsibility and that homework is not considered an appropriate excuse to miss a match or practice.
4. I will complete my commitment to the volleyball team/season before beginning conditioning or practice for any other sport.
5. I will be courteous to my teammates and treat all players and coaches with respect at all times. If I don't, I will not play.
6. I understand that playing time will not be equal and that it is earned by hard work, performance, attitude, circumstance, ability and compatibility. During BENCH TIME I will maintain the same focus and enthusiasm as when in the game. I will keep my head in the game at every moment, and be ready to come in at any opportunity.
7. As a BRMS Volleyball player, I will be on my best behavior at all times. I understand that inappropriate language will not be tolerated. I will report any team concerns and player issues to my coach.
8. I understand that as a student athlete I am required to conduct myself as a leader, and I will represent my team and my teammates by adhering to all school and team rules. I will always refrain from alcohol or drug use. I will always adhere to school dress code and tardy policies. Any discipline referrals will result in punishment or dismissal from the team.
9. As a team player, I will always focus on effort, team and attitude, not wins and losses. I will win with humility and lose with dignity. I will celebrate every great play and brush off lost points.
- 10. I will make sure that I have fun and enjoy the game!**

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_