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# BRMS COUNSELING CORNER

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## Red Ribbon Week October 26th-October 30th

### Parent Counselor Request Form

Parents, if you are needing to speak with me or need any assistance the Parent Counselor Request Form is now available on my school counseling website.

[www.brmsschoolcounseling.weebly.com](http://www.brmsschoolcounseling.weebly.com)

>More

> Parent-Counselor Request Form

### Sara Spano Clothing Bank

The district clothing bank is now open and available. If your student is in need of clothing items please contact

Ms. Rubio

### Free Laundry Service

Parents, if you are in need of laundry service please contact Ms. Rubio for assistance. MCSD now has free laundry services for families in need. We understand times tough, we are here to help and support you any way we can. All requests are confidential.

#### Contact

Email: [rubio.janina.m@muscogee.k12.ga.us](mailto:rubio.janina.m@muscogee.k12.ga.us)

Parent-Counselor Request Form

<https://brmsschoolcounseling.weebly.com/parent-counselor-request-form.html>

Office Hours  
Monday-Friday  
8am-4pm

# REACH Scholarship Applications Due October 21st, 2020

Applications are available to download on the BRMS Counseling website!

<https://brmsschoolcounseling.weebly.com/reach-scholarship.html>

For more information contact Ms. Rubio!

## October ILT Lesson Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
28 ILT: Academic Day	29 ILT: Academic Day	30 ILT: Character Ed. Lesson- Respect in a Classroom Setting	1 ILT: Accountability Lesson	2 ILT: Academic Day
5 ILT: Academic Day	6 ILT: Academic Day	7 ILT: Character Ed. Lesson- Empathy	8 ILT: Mindfulness Lesson #4	9 ILT: Academic Day
12 ILT: Academic Day	13 ILT: Academic Day	14 ILT: Character Ed. Lesson- Compassion	15 ILT: CIPA Lesson (digital citizen ship)	16 ILT: Academic Day
19 ILT: Academic Day	20 ILT: Academic Day	21 ILT: Character Ed. Lesson- Caring	22 ILT: Mindfulness Lesson #5	23 ILT: Academic Day
26 Red Ribbon Spirit Day: "Don't Get Tied Up With Drugs"- Tie Dye Day	27 Red Ribbon Spirit Day: "Don't Let Drugs Turn Your Life Into A Zoo"- Wear animal print or dress up as your favorite animal	28 Red Ribbon Spirit Day: "Friends Don't Let Friends Do Drugs" -Twin Day (Multiples)	29 Red Ribbon Spirit Day: "Team Up Against Drugs"- Wear your favorited team gear	30 Red Ribbon Spirit Day: "Don't Let Drugs Trick You, They Are Not A Treat"- Wear your Halloween costume MUST FOLLOW DRESS CODE

### Contact

Email: [rubio.janina.m@muscogee.k12.ga.us](mailto:rubio.janina.m@muscogee.k12.ga.us)

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