



Girls Soccer Tryouts 2026

Any student that would like to tryout for Girls Soccer you MUST sign up to tryout by Friday, January 30, 2026 at Noon using the following link or QR code.

<https://forms.gle/YSJQesQjdEocnsLz7>

You can also access the link on the school website under athletics and soccer.



Scan Me

Any student that does not sign up will NOT be allowed to tryout.

Make sure you read the tryout details before you sign up.



AARON COHN MIDDLE SCHOOL Soccer 2026

Tryouts Dates: Girl's Tryouts: February 5th and 6th from 3:10pm – 5:00pm

Final Roster will be posted the evening of February 10th

Parent Zoom Meeting February 11th at 6:00 pm. A link will be sent home with players.

ALL students **MUST sign up to tryout by Friday, January 31, 2026 at Noon** using the provided link or **QR code**. You can also access the link on the school website under athletics and flag football. **Any students that do not sign up will NOT be allowed to tryout.**

- Students trying out should report to the gym immediately following school's dismissal.
- Bring your own Water Bottles
- Bring Appropriate athletic clothes and shoes (Check weather and be prepared for outside)
- If you do not have soccer equipment (shin guards, cleats, etc.) DO NOT buy any equipment for tryouts.
- Tryouts and practices are closed to parents and visitors. Please remain in the parking lot until your child is dismissed each day.

Form Requirements to tryout for Soccer:

1. Current physical on file with Coach Ingram*
2. Assumption of Risk form on file with Coach Ingram*
3. Copy of insurance card on file with Coach Ingram

*Forms can be downloaded from ACMS' Website under "Athletics"

Making the team will be determined by the following:

- Skills (passing, shooting, dribbling, defending)
- Athletic Ability (Quickness, Endurance, Strength)
- Communication, Work Ethic, Versatility, Behavior, and Coachable

Practice and Game Schedule

- **If you make the team, practice will begin February 11th 3:10-5:30**
- Practices are Monday through Friday from 3:10 to 5:00 p.m.
- Players will be given a calendar with games, practice dates, and times. Please make sure you keep up with all dates and times.
- Soccer schedule is attached and available on the ACMS website.

Costs: Required Total is \$90.00

- Everything must be paid in **CASH by February 17th to Coach Ingram.**
- Players must provide own cleats, black socks, black shorts and shin guards
- Admission to all games is \$6 GoFan or credit/debit card at gates (No cash at gates)

Head Coach Boys and Girls: Michael Ward
Principal: Dr. Stefan Lawrence

Assistant Coach: Jasmine Vail
Athletic Director: Kacy Ingram