



## Girls Soccer Tryouts 2026

Any student that would like to tryout for Girls Soccer you **MUST** sign up to tryout by Friday, January 30, 2026 at Noon using the following link or QR code.

<https://forms.gle/YSIQesQjdEocnsLz7>

You can also access the link on the school website under athletics and soccer.



**Scan Me**

**Any student that does not sign up will NOT be allowed to tryout.**

**Make sure you read the tryout details before you sign up.**



## AARON COHN MIDDLE SCHOOL Soccer 2026

**Tryouts Dates:**

**Girl's Tryouts: February 5<sup>th</sup> and 6<sup>th</sup> from 3:10pm – 5:00pm**

**Final Roster will be posted the evening of February 10<sup>th</sup>**

**Parent Zoom Meeting February 11<sup>th</sup> at 6:00 pm. A link will be sent home with players.**

➡ ALL students **MUST sign up to tryout by Friday, January 31, 2026 at Noon** using the provided link or **QR code**. You can also access the link on the school website under athletics and flag football. **Any students that do not sign up will NOT be allowed to tryout.**

- Students trying out should report to the gym immediately following school's dismissal.
- Bring your own Water Bottles
- Bring Appropriate athletic clothes and shoes (Check weather and be prepared for outside)
- If you do not have soccer equipment (shin guards, cleats, etc.) DO NOT buy any equipment for tryouts.
- Tryouts and practices are closed to parents and visitors. Please remain in the parking lot until your child is dismissed each day.

### **Form Requirements to tryout for Soccer:**

1. Current physical on file with Coach Ingram\*
2. Assumption of Risk form on file with Coach Ingram\*
3. Copy of insurance card on file with Coach Ingram

\*Forms can be downloaded from ACMS' Website under "Athletics"

### **Making the team will be determined by the following:**

- Skills (passing, shooting, dribbling, defending)
- Athletic Ability (Quickness, Endurance, Strength)
- Communication, Work Ethic, Versatility, Behavior, and Coachable

### **Practice and Game Schedule**

- **If you make the team, practice will begin February 11<sup>th</sup> 3:10-5:30**
- Practices are Monday through Friday from 3:10 to 5:00 p.m.
- Players will be given a calendar with games, practice dates, and times. Please make sure you keep up with all dates and times.
- Soccer schedule is attached and available on the ACMS website.

### **Costs: Required Total is \$90.00**

- Everything must be paid in **CASH by February 17<sup>th</sup> to Coach Ingram.**
- Players must provide own cleats, black socks, black shorts and shin guards
- Admission to all games is \$6 GoFan or credit/debit card at gates (No cash at gates)

**Head Coach Boys and Girls:** Michael Ward  
**Principal:** Dr. Stefan Lawrence

**Assistant Coach:** Jasmine Vail  
**Athletic Director:** Kacy Ingram