



## Girls Basketball Tryouts 2024

Any student that would like to tryout for Basketball **MUST sign up to tryout by Friday, November 22, 2024 at Noon** using the following link or **QR code**.

[https://docs.google.com/forms/d/e/1FAIpQLSf1fp-1UI\\_6aPJH5chWohabVIFqicmGlb - N6gFBU0ZjRotrg/viewform?usp=sf link](https://docs.google.com/forms/d/e/1FAIpQLSf1fp-1UI_6aPJH5chWohabVIFqicmGlb-N6gFBU0ZjRotrg/viewform?usp=sf_link)

You can also access the link on the school website under athletics and basketball.

**Any student that does not sign up will NOT be allowed to tryout.**




**SCAN ME**

**Make sure you read the tryout details before you sign up.**



## AARON COHN MIDDLE SCHOOL Girls Basketball 2024

**Tryouts Dates: Day 1: December 2<sup>nd</sup> from 3:10pm – 5:00 pm**  
**Day 2: December 3<sup>rd</sup> from 3:10pm – 5:00pm**  
**Final Roster will be posted the evening of December 3<sup>rd</sup>.**  
**\*Parent Meeting December 9<sup>th</sup> at 5:30pm. More info to follow.**

 ALL students **MUST sign up to tryout by Friday, Nov. 22, 2024 at Noon** using the provided link or QR code. You can also access the link on the school website under athletics and basketball.  
**Any students that do not sign up will NOT be allowed to tryout.**

- Students trying out should report to the gym immediately following school's dismissal.
- Bring your own water bottle, shoes, and tryout clothes.
- Tryouts and practices are closed to parents and visitors. Please remain in the parking lot until your child is dismissed each day

### **Form Requirements to try out for Basketball:**

1. Current physical on file with Coach Ingram\*
2. Assumption of Risk form on file with Coach Ingram\*
3. Copy of insurance card on file with Coach Ingram

\*Forms can be downloaded from ACMS' Website under "Athletics"

### **Making the team will be determined by the following:**

- Skills (Passing, Lay ups, Shooting, Defensive Skills) 40%
- Athletic Ability (Quickness, Endurance, Strength, Jumping Ability) 10%
- Attitude/Teamwork/Willingness to work with others/Coachable 50%

### **Practice and Game Schedule**

- **If you make the team, practice will begin Wednesday, December 4<sup>th</sup> from 3:10-5:00pm.**
- Practices are Monday-Friday from 3:10 to 5:00 p.m. The players will be given a calendar with games, practice dates, and times. Please make sure you keep up with all dates and times.
- **The basketball team will be sponsoring a dance on December 12<sup>th</sup> from 6:00-8:00. All team members that are eligible will be required to work and attend the dance.**
- **Basketball game schedule is attached**

### **Costs: Required Total is \$175.00**

Everything must be paid in **CASH by December 12<sup>th</sup> to Coach Ingram.**

Players must provide own shoes.

Admission to all games is \$5/\$6

**Head Coach:** TaKeshia Williams-Lynn

**Assistant Coach:** Ashley Hightower

**Athletic Director:** Kacy Ingram

**Principal:** Dr. Stefan Lawrence