



## Cheerleading Tryouts 2024

Any student that would like to tryout for Cheerleading **MUST sign up to tryout by Monday, September 9, 2024 at 8:00 am** using the following link or **QR code**. You can also access the link on the school website under athletics and cheerleading.

[https://docs.google.com/forms/d/e/1FAIpQLSdUQ2BLbrYyN5zIm-Qju8KrNP9P9jWif6rbk4nYVSYPHWBPEQ/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSdUQ2BLbrYyN5zIm-Qju8KrNP9P9jWif6rbk4nYVSYPHWBPEQ/viewform?usp=sf_link)

## SCAN ME

**Any student that does not sign up will NOT be allowed to tryout.**



**Make sure you read the tryout details before you sign up.**

# **ACMS Cheerleading Tryout Packet**

## **Leadership, Honor, and Spirit**

The purpose of the cheerleading squad at Aaron Cohn Middle School is to encourage school pride and unity amongst all members of the school and community. Being a cheerleader at ACMS is a privilege and an honor. The cheerleaders are not only leaders while cheering at games, but are also leaders at and during school. We have very high expectations for our ACMS Cheerleading team.

## **Before Tryouts:**

- The following forms must be turned in to Coach Ingram before you can participate.
  - Physical
  - Assumption of Risk & Waiver of Liability (Parent Permission)
  - Proof of Insurance
- Before tryouts, you must learn the cheer and dance using the videos posted on the ACMS Cheer Canvas page.

## **Tryouts:**

**September 9, 2024, 3:10-4:15**- Participants will practice the cheer and dance they learned online

**September 10, 2024, 3:10-4:30 pm**- There will be an individual and small group evaluation by the coaches

- Students should wear gym shorts and a t-shirt with **no jewelry**, and hair should be pulled up.
- Immediately after school (3:10 p.m.), report to the GYM and get changed.
- Monday, September 2nd students will gain access to videos of the tryout material. The videos will be posted on the Cheer Canvas page.
  - <https://mcsd.instructure.com/courses/221113>
- This is a closed tryout and is open only to the participants and coaches.
- The 23-24 Cheer Squad Names will be posted on the ACMS Website at 8 p.m. on September 10, 2024.

## **Tryouts Consist of:**

1. 1 Cheer
2. 1 Dance

Athletes will be judged throughout the selection process by the coaches based on the following categories:

- Execution
- Difficulty
- Overall Performance – showmanship, spirit, athleticism
- Coach Evaluation – cooperation, attitude, attendance, dependability (behavior, grades, and discipline reports taken into account)

**ESTIMATED CHEER COSTS**

This is a cost estimate for the 2023-2024 school year. The total cost will be divided into two payments, which will be due on Friday, September 8th, and Friday, October 6th. Each cheerleader is responsible for any cost prior to receiving the items ordered. ALL PAYMENTS MUST BE MADE IN CASH.

<u>Cost</u>	<u>Description</u>
\$85	United Camp Fee*
\$65	Athletic Fee * -Includes the use of 2 uniforms, raincoat, and booster fees
\$20	T-shirt*
\$60 Warm Ups	Sweatshirt (\$30) Pants (\$30)*
\$10	Game day bow/special event ribbons*
\$30 Pom Poms	One orange and one black pom pom
\$40	Cheer Bag
\$15	Black bloomers
	Total = \$325

These are estimated costs for a NEW cheerleader to Aaron Cohn. If you have cheered at ACMS previously, you only need to order those items that you need.

Each girl must purchase their own SOLID white cheer shoes. The brand doesn't matter, however, we are not a competitive squad and will be cheering outside. I suggest a shoe like the NIKE Sideline II or III. Also, each girl will need a solid black racerback sports bra.

\*Must be paid by all cheerleaders.

# Try Out Application

~ACMS Cheerleading~

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Please list any previous experience you have in cheerleading: \_\_\_\_\_

\_\_\_\_\_

Do you have any tumbling experience? If so, what can you do? You will be asked to show it during tryouts. \_\_\_\_\_

\_\_\_\_\_

Why do you think you would make a good cheerleader for ACMS? \_\_\_\_\_

\_\_\_\_\_

Is there any other information you would like Coach Whilden and Coach Reddick to know?

\_\_\_\_\_

\_\_\_\_\_