AARON COHN MIDDLE SCHOOL
2024 GIRLS FLAG FOOTBALL TRYOUT INFORMATION

Flag football season will take place in February and March. Practices will be after school until 5:00 in February and March. There will only be four play dates. Games will be played on February 21, February 28 and March 6. Due to this if you are unable to make the game dates, do not tryout. Keep in mind before you tryout for flag football, flag football is an outdoor sport played in the winter. Practices and games will be held outside in cold temperatures. If you can't tolerate cold weather, you should not tryout for flag football.

Due to time constraints, any student that does not meet any deadline will not be able to tryout. Pay close attention to deadlines.

All female students interested in trying out for flag football MUST sign up using the QR code below by February 5, 2024.

SCAN ME

The following paperwork must be on file with Coach Ingram by February 5, 2024 to be eligible to tryout:

- Physical
- Assumption of Risk & Waiver of Liability/Parent permission form (found on ACMS website under "Athletics")
- Copy of insurance card

Tryout Dates and Time:

- Tuesday, February 6th 3:15-5:30
- Wednesday, February 7th 3:15-5:00 (Only for those girls making first cut)

Items to bring to tryouts:

- Athletic shoes
- Appropriate athletic clothes (Check weather and be prepared for outside)
- Water bottle (Must bring your own)

Students will be evaluated based on the following:

- Effort, Sportsmanship, Coachable, Attitude
- Skills (Running, throwing, catching, etc.)

The roster will be posted on school website on Tuesday, February 7th.

MANDATORY Parent Zoom Meeting- February 12th at 6:00 pm. Link will be sent with players.

Fees:

- $50 Athletic Fee Due Wednesday, February 8th
- Players must provide own BLACK leggings or shorts with NO pockets for games
- Admission charge for games $5.00 Adult and $3.00 Student

Head Coach Derek Branch Branch.Derek.K@muscogee.k12.ga.us
Assistant Coach/Athletic Director Coach Ingram Ingram.Kacy.R@muscogee.k12.ga.us