Aaron Cohn Girls Basketball 2023-2024

Tryouts: **Report to the Gymnasium immediately after school with proper paperwork to participate.**

GIRLS: Thursday, November 30th 3:15-5:30pm

The team will be announced via the Aaron Cohn athletic website on November 30th.

Requirements for tryouts:

1. Current Physical
2. Assumption of Risk/Parent Permission Form
3. Copy of Insurance Card/ Info
4. Good grades and conduct grade must be maintained
5. Willingness to work hard

Forms can be downloaded on the school website or picked up from Coach Ingram:
http://sites.muscogee.k12.ga.us/aaroncohn/athletic-department/
Complete this form before tryouts: https://forms.gle/A2XJjBcpz1FtaGRL6

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Making the team will be determined by the following matrix:

Skills (Passing, Lay ups, Shooting, Defensive Skills) 4**0%**
Athletic Ability (Quickness, Endurance, Strength, Jumping Ability) **10%**
Attitude/Teamwork/Willingness to work with others 5**0%**

Practice Schedule:
First practice is **Friday, December 1st** from 3:15-4:45pm (Conditioning and Weightlifting). A practice schedule will be handed out once the team is chosen. Student Athletes are expected to attend practice every day.

Parent Meeting for all players and parents that make the team:
Thursday, December 7th at 5PM at ACMS or via Zoom
We will email you the Zoom link prior to the parent meeting.

Games:
Regular season games begin December 8th. Practice/Game Schedule will be posted and distributed to the team.

Cost: CASH ONLY

- **Required: $200 (Athletic Fee, Shooting Shirt, T-shirt, Shorts, Socks and Warm-Up Suit)**
- Tennis shoes are to be provided by players
- Admission Fee for all basketball game is $5.00 for adults and $3.00 for students.