



# Aaron Cohn

## Bulldogs

Welcome to Aaron Cohn Middle School. My name is Kacy Ingram and I serve as Athletic Director for Aaron Cohn. I wanted to let students and parents know which sports we will be offering for 2023-24 school year.

- Soccer (Boys and Girls) – Fall Tryouts and Season
- Cross Country Club (Boys and Girls) – Fall Tryouts and Season
- Cheerleading - (Boys and Girls) Fall Tryouts and Season
- Football – Fall Tryouts and Season
- Volleyball (Girls only) – Fall Tryouts and Season
- Basketball (Boys and Girls) – Winter Tryouts and Season
- Track (Boys and Girls) – Spring Tryouts and Season
- Flag Football (Girls only) - Tryouts and Season are TBD

MSCD Sports are Wrestling and Swimming. They are offered in the Fall/Winter.

There will be announcements made about each sport before tryouts are held. Be sure to listen for these announcements and pick up the forms needed for try outs. All tryout information will be posted to school website. PLEASE visit the website if you have questions about a sport.

Any student interested in trying out for a sport must have three items on file with me prior to the first day of tryouts. Those items are:

Physical - Physicals should be completed by your own doctor of choice on the most recent GHSA physical. Several acute care facilities will perform sports physicals for a fee. All physicals must include the address and phone number of the doctor's office. A doctor's stamp is preferred.

Assumption of Risk This form must be completed to include insurance and policy number. If you have TRICARE, you must include the last 4 numbers of the policy holder's Social Security number. Form is valid August 1, 2023- July 31, 2024.

Proof of Insurance – A copy of child's insurance card. Students with TRICARE are not required to provide insurance card.

Both the required GHSA physical form and the assumption of risk are on the school website under "athletics".

If you have any questions and need to reach me, please email me at [ingram.kacy.r@muscogee.k12.ga.us](mailto:ingram.kacy.r@muscogee.k12.ga.us) My office phone number is 706-569-3821. I look forward to a wonderful and exciting school year at ACMS. Go BULLDOGS!!!