

Aaron Cohn Girls Basketball 2023

Tryouts: Report to the Gymnasium immediately after school with proper paperwork to participate.

GIRLS: January 5th (4-6pm)
***January 6th (if needed at 4-5:30)**

The team will be announced via the Aaron Cohn athletic website on January 6th.

Requirements for tryouts:

1. Current Physical
2. Assumption of Risk/Parent Permission Form
3. Copy of Insurance Card/ Info
4. Good grades and conduct grade must be maintained
5. Willingness to work hard



Forms can be downloaded on the school website or picked up from Coach Ingram: <http://sites.muscogee.k12.ga.us/aaroncohn/athletic-department/>

Making the team will be determined by the following matrix:
Skills (Passing, Lay ups, Shooting, Defensive Skills) **40%**
Athletic Ability (Quickness, Endurance, Strength, Jumping Ability) **10%**
Attitude/Teamwork/Willingness to work with others **50%**

Practice Schedule:

First practice is Monday, January 9th from 4-5:30pm (Conditioning and Weightlifting). A practice schedule will be handed out once the team is chosen. Student Athletes are expected to attend practice every day.

Parent Meeting for all players and parents that make the team:

Thursday, January 12th at 6PM at ACMS or via Zoom

Join Zoom Meeting

<https://muscogee.zoom.us/j/83662305533>

Games:

Regular season games begin January 25th. Practice Schedule will be posted and passed out to the team. Game schedule is on back of this sheet.

Costs: CASH ONLY

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- Required: \$190 -\$250 range. Exact amount will be given after team is selected.
 - Included in fees are Athletic Fee, Shooting Shirt, T-shirt, Socks and Warm Up Suit and new this year pregame meals
- Tennis shoes are to be provided by players
- Admission Fee for all basketball game is \$5.00 for adults and \$3.00 for students.

