

**AARON COHN MIDDLE SCHOOL
2022 GIRLS FLAG FOOTBALL TRYOUT INFORMATION**

Flag football season will take place November 17th through December 13th. Practices will be the week of November 28th and December 5th. There will not be practice the week of Thanksgiving break. There will only be four play dates. Games will be played on December 5th, 7th, 12th and 13th. Due to this if you are unable to make the game dates, do not tryout. Keep in mind before you tryout for flag football, flag football is an outdoor sport played in the winter. Practices and games will be held outside in cold temperatures. If you can't tolerate cold weather, you should not tryout for flag football.

Due to time constraints, any student that does not meet any deadline will not be able to tryout. Pay close attention to deadlines.

All female students interested in trying out for flag football MUST sign up with Coach Ingram by November 15, 2022.

The following paperwork must be on file with Coach Ingram by November 15th to be eligible to tryout:

- Physical
- Assumption of Risk & Waiver of Liability/Parent permission form (found on ACMS website under "Athletics")
- Copy of insurance card

Tryout Date and Time:

- Thursday, November 17, 2021 from 4:00- 6:00 pm
- All students trying out should report to the gym at dismissal on November 17th. Do not arrive late.

Items to bring to tryouts:

- Athletic shoes
- Appropriate athletic clothes (Check weather and be prepared for outside)
- Water bottle (Must bring your own)

Students will be evaluated based on the following:

- Effort, Sportsmanship, Coachable, Attitude
- Skills (Running, throwing, catching, etc.)

The roster will be posted on school website on Friday, November 18th, 2022.

MANDATORY Parent Zoom Meeting- November 28th at 6:00 pm. Link will be posted on website with roster.

Fees:

- \$50 Athletic Fee Due Wednesday, November 30th
- Players must provide own BLACK leggings or shorts with NO pockets for games
- Admission charge for games \$5.00 Adult and \$3.00 Student

Head Coach Derek Branch Branch.Derek.K@muscogee.k12.ga.us
Assistant Coach/Athletic Director Coach Ingram Ingram.Kacy.R@muscogee.k12.ga.us