

Muscogee County Middle School

WRESTLING

WRESTLING WILL BEGIN ON JAN 10TH @
RICHARDS MIDDLE SCHOOL IN THE CAFETERIA
(DROP OFF WILL BE BY THE BUS RAMP IN THE BACK OF THE SCHOOL)

- **Optional Conditioning will be Daily Mon-Thurs from 4:15-5:15**
- **Wrestling Practice will be Daily Mon-Thurs from 5:30-6:30**
- **Athletes MUST have a current physical to begin (you can bring a copy or have your AD email a copy to me)**
- **Grades 6-8 from any MCSD School are welcome**
- **No prior experience needed. We train males and females to wrestle starting from day 1.**

For questions:

Daniel Purvis

Purvis.daniel.l@muscogee.k12.ga.us

706-338-9021