## Aaron Cohn Girls Basketball 2022

**Tryouts**: Report to the Gymnasium immediately after school with proper paperwork to participate.

# GIRLS: January 6<sup>th</sup> (4-5:30) January 7<sup>th</sup> (4-5:30)

#### The team will be announced via the Aaron Cohn athletic website on January 7th.

#### **Requirements for tryouts:**

- 1. Current Physical
- 2. Assumption of Risk/Parent Permission Form
- 3. Copy of Insurance Card/ Info
- 4. Good grades and conduct grade must be maintained
- 5. Willingness to work hard

Forms can be downloaded on the school website or picked up from Coach Ingram: <u>http://sites.muscogee.k12.ga.us/aaroncohn/athletic-department/</u>



Making the team will be determined by the following matrix:

Skills (Passing, Lay ups, Shooting, Defensive Skills) 40% Athletic Ability (Quickness, Endurance, Strength, Jumping Ability) 10% Attitude/Teamwork/Willingness to work with others 50%

### **Practice Schedule:**

**First practice** is **Monday, January 10<sup>th</sup>** from 4-5:30pm (Conditioning and Weightlifting). A practice schedule will be handed out once the team is chosen. Student Athletes are expected to attend practice every day.

#### Parent Meeting for all players and parents that make the team: Thursday, January 13<sup>th</sup> at 6PM via Zoom. Join Zoom Meeting: https://muscogee.zoom.us/j/85892341690; Meeting ID: 858 9234 1690

Games:

Games begin January 20<sup>th</sup>. Regular season schedule is attached.

### **Costs: CASH ONLY**

- Required: \$175 (Athletic Fee, shooting shirt, socks, and Warm Up Suit).
- Black tennis shoes are to be provided by players.
- Admission Fee for all basketball game is \$5.00 for adults and \$3.00 for students.