

**AARON COHN MIDDLE SCHOOL
2021 GIRLS FLAG FOOTBALL TRYOUT INFORMATION**

Flag football will be a two week season. Players will practice the weeks of November 29th and December 6th. Games will be played on December 13th and 14th. Due to this if you are unable to make the game dates, please do not tryout. Due to time constraints, any student that does not meet any deadline will not be able to tryout.

All female students interested in trying out for flag football MUST sign up with Coach Ingram by November 18, 2021.

The following paperwork must be on file with Coach Ingram by November 18th to be eligible to tryout:

- Physical
- Assumption of Risk & Waiver of Liability/Parent permission form (found on ACMS website under "Athletics")
- Copy of insurance card

Tryout Date and Time:

- Monday, November 29, 2021 from 4:00- 5:30 pm

All students trying out should report to the gym at dismissal on November 29th. Do not arrive late.

Items to bring to tryouts:

- Athletic shoes
- Appropriate athletic clothes (Check weather and be prepared for outside)
- Water bottle (Must bring your own)
- Good attitude

Students will be evaluated based on the following:

- Effort
- Sportsmanship
- Coachable
- Attitude
- Skills (Running, throwing, catching, etc.)

The roster will be posted on school website on Monday, November 29, 2021. A team of no more than 12 will be selected.

MANDATORY Parent Zoom Meeting- Tuesday, November 30, 2021 @ 6 pm. Link will be posted on website with roster.

Fees:

- \$15 Athletic Fee Due Wednesday, December 1st
- Players must provide own BLACK leggings or shorts with NO pockets for games
- Admission charge for games \$5.00 Adult and \$3.00 Student
- The MCSD Athletic Department is providing shirts for games

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Assistant Coach/Athletic Director Coach Ingram Ingram.Kacy.R@muscogee.k12.ga.us