

Mrs. Cumming's Counselor's Corner

Helpful Resources for Parents

With the current school closure and concerns, I wanted to keep you informed of web-based resources and community resources should you need them.

Full community resource list below for Emergency and Non-emergency needs:



Resources for learning at home:

<https://www.gpb.org/education/learn>

Resources for helping your child cope with our current situation:

<https://childmind.org/coping-during-covid-19-resources-for-parents/>

<https://childmind.org/article/talking-to-kids-about-the-coronavirus/>

<https://store.samhsa.gov/system/files/sma14-4885.pdf>

<https://www.samhsa.gov/find-help/disaster-distress-helpline>

Second Step coping resources:

https://www.secondstep.org/covid19support?mkt_tok=eyJpjioidwafluqmlzvghqtwpjmiisinqioiiyowfvsg02ddvqylowqlbcc1vicnp6wxfmvlh4ngfqxc8ynjivs0llmlozy1nfcwxrdhdybnqyk3vxsju2ofpynks3rhizwgfcn1nPk0u1ogrvqtlhztkdtneevcrmu14wlvsgkxv01qwxgeit2vxhidlrldhlyzwqwttxbfuifq%3d%3d

Announcement from: Feeding the Valley with the Community Warriors

The mobile food bank has been moved from the Columbus Civic Center to Cascade Hills Church parking lot starting March 21st until further notice. There will be no paperwork needed. There will be no walkers. Everyone must be in a vehicle. You must open your own trunk or door at a designated area away from our loading area of the parking lot. Located at 727 54th St. Time is from 9:00-2:00 pm.

Be sure to have your children join my google classroom using the instructions and codes sent by their teachers 😊

*Check our website regularly for updates and added resources as they become available