

February 2019

WOODALL GNETS NEWSLETTER

The Woodall GNETS Program * 1822 Shepherd Drive, Columbus, Georgia 31906 * 706-748-3166 Office
A community of lifelong learners, responsible citizens, and champions of success!

Message from Mrs. L. Thornton - Director

A well known Japanese proverb reads, "One kind word can warm three winter months." One word, one action, one simple display of kindness can be more than you could ever imagine. From saying good morning to volunteering around the community, the number of ways to pass along kindness is endless. Many underestimate the little things in life - which actually end up being extremely valuable. Here at Woodall we will be celebrating kindness February 11th—February 15th. We are asking for everyone to make this week a success by donating individually wrapped snack items:

- Individual Chips
- Individually Wrapped Candy
- Individually Wrapped Cookies

All donations are asked to be turned in by Monday, February 4th in the front office of Woodall.

To perform a random act of kindness truly does make you feel you've done a good deed. In our world today, there is not enough kindness in general, so to have the opportunity to do something nice for someone without asking for anything in return is an amazing feeling. During the week of Kindness I hope that our eyes will open and we will have realized doing a random act of kindness can really make someone pleased and change their day for the better.

If you have any questions or concerns in regards to the Woodall GNETS Program please do not hesitate to contact me via phone or email – (706) 748-3166 Office and Thornton.Lachrista.S@muscogee.k12.ga.us -Email.

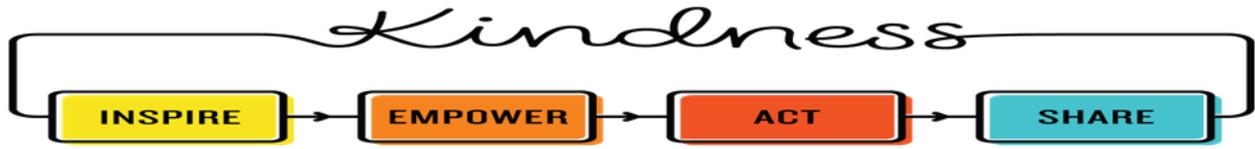
Woodall GNETS Mission Statement

To create a climate of cooperation and socio-emotional competence through explicit modeling of behaviors and expectations for students and staff.



A community of lifelong learners, responsible citizens, and champions of success!

**Notes from the Desk of –
Mrs. Sommer Lewis—Social Service Tech**



Dear Parents ,

We are excited to celebrate Kindness Week February 11th -15th. We will have a host of events that prompt kindness

Caring: Feeling and showing concern for others

Compassion: Being aware when others are sick, sad, hurt or wanting to help.

Respect: Treating people, places, and things with kindness.

Responsibility: Being reliable to do things that are expected or requested of you.

Helpfulness: Assisting or serving in a kind way.

Self Care: Taking care of yourself through kind words, actions and thoughts.

We hope that you can join us on February 15 at 1pm until 2pm as we celebrate our kindness initiative. Student have been asked to dress their best in celebration. We will have a dance presented by students as well as recognition of our Safe Students. We hope you can join in the fun and celebrate kindness.

Sincerely,

Sommer Lewis, Social Service Tech

*A little consideration, a little
thought for others makes
all the difference.*
- Eeyore.



A community of lifelong learners, responsible citizens, and champions of success!

Community Outings and Events for Families.



February 1 11:30 am - 12:15 Columbus Library Get active at the library! This weekly combination of yoga and storytime uses books, puppets, songs, rhymes, and games to teach your child basic yoga poses and mindfulness techniques. Caregivers are encouraged to participate with their child.

Yoga mats are provided but participants may also bring their own. Beginners welcome!



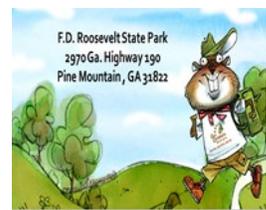
Nature Nuggets at Oxbow Meadows February 2 @ 8:00 am - 5:00 pm EST
Columbus State University's Oxbow Meadows Environmental Learning Center, 3535 S Lumpkin Rd Columbus, 31903 . \$3.00 Nature Nuggets: 10:30am-11:30am \$3 per participating child Perfect program for ages 2-7! Explore the world of nature. Each day is different!



Home Depot Kids Workshop February 2 @ 9:00 am - 12:00 pm EST Home Depot Kids Workshop First Saturday of every Month 9:00 a.m. – 12:00 noon TIME TO GET HANDS ON! The Home Depot offers FREE hands-on workshops; designed for children ages 5 – 12. All children get to keep their craft, receive a FREE certificate of achievement, a Workshop Apron, and a commemorative pin while supplies last. Pre-registration online is strongly encouraged.



Market Days on Broadway February 2 @ 9:00 am - 12:00 pm EST 1100 Broadway, Columbus, GA 31901, When: 9am - 12noon, every Saturday Where: 900, 1000 & 1100 blocks of Broadway Free Parking: 919 Broadway (RiverCenter Parking Deck) The Market features over 200 local vendors selling homemade and homegrown products, including local and organic produce, home goods, jewelry, crafts and yummy baked goods.



Eye Spy Camera Scavenger Hunt at FDR State Park February 2 @ 9:00 am - 4:00 pm EST FDR State Park @ 2970 GA-190, Pine Mountain Valley, GA 31823, USA Team up for our on-site scavenger hunt with your camera or phone. Pick up checklist/rules at the park office any time. Pictures must be brought to park office with checklist by 4 PM Sat. Winners will be called to pick up prize. Hunt changes all the time so you can participate all throughout the year.



Get Your Game On at South Columbus Library. February 7 @ 3:30 pm - 5:30 pm EST. 2034 S Lumpkin Rd Columbus, GA 31903-2728 Arts & Crafts with Kita @ARK, Hilton Avenue Community Church February 9 @ 9:00 am - 12:00 pm EST Hilton Avenue Community Church, 2308 Hilton Ave , Columbus, GA Make a Valentine's Day Card with our guest artist! Kids

ages 4-12 are invited to join guest artist Erika Avendaño Shorey to make a Valentine's Day card. Registration is required. No fee--it's free! 3 Sessions: 9-9:45 am 10-10:45 am 11-11:45 am Space is limited to 40 participants per session, so please register early.

Rock Painting @ Your Library! February 9 @ 10:30 am UTC Mildred L. Terry Public Library at Alpha Kappa Alpha Room The craze of decorating rocks and hiding them for others to find is popular! Join us for a family-friendly morning of rock painting. We'll provide rocks, books for inspiration and painting supplies, but you are welcome to bring your own. For supplies count and to reserve your space, call 706-243-2782 or email dclark@cvlga.org

Get Your Game On at South Columbus Library
February 14 @ 3:30 pm - 5:30 pm EST
An event every week that begins at 3:30pm on Thursday, repeating until March 28, 2019, South Columbus Public Library, 2034 S Lumpkin Rd Columbus, GA 31903-2728 United States Enjoy a weekly dose of your favorite game cravings such as Minecraft, video game consoles, coding activities, and much more! Games change weekly.

Family Board Games at North Columbus Library
February 15 @ 4:00 pm - 5:00 pm EST
|Recurring Event (See all)
North Columbus Public Library, 5689 Armour Rd Columbus, 31909-4513 United States

Enjoy and assortment of party ready games in a fun and safe environment.



Notes from the Desk of —

Dr. Vytoris Sanford—Instructional Specialist

What is School-wide PBIS?

School-wide positive behavior intervention and supports (SW-PBIS) is a system of tools and strategies for defining, teaching, acknowledging appropriate behavior, and correcting inappropriate behavior. It is a framework for creating customized school systems that support student outcomes and academic success. SW-PBIS is for the whole school, it is preventative, and it changes the paradigm of focus from negative behaviors and exchanges to positive expectations and interactions.

There are four main elements in SW-PBIS:

1. Customized practices to support student behavior, such as defining and teaching appropriate behavior
2. Systems of support for educators in the school; such as school-wide behavioral expectations, indicators, and coaching
3. Data-based decision making, which is the corner stone of the behavior problem-solving process
4. And, the combination of these to enable school-wide outcomes, which promote social proficiency and academic success

PBIS Mission: A community of lifelong learners, responsible, citizens, and champions of success!



A community of lifelong learners, responsible citizens, and champions of success!

Mrs. Chauntell Beal—Behavioral Specialist

Greetings,

This month we are celebrating Kindness, Caring, Compassion, Respect, Responsibility, Helpfulness and Self-Care. We will have activities to ensure the understanding of each topic. The students at Woodall have been extremely successful with working on their social skills using the Skillstreaming Program. This program is teaching our children and adolescents social skills necessary to lead effective and satisfying personal and interpersonal lives. It focuses on the assumption that certain social and behavioral skills are missing in the person's repertoire and therefore these need to be taught in a systematic, patient, and encouraging manner. The program is based on social learning theory. Parents I encourage you to question your child about their daily social skills lessons. Students will receive new levels on February 5, 2019. We look forward to seeing you at our celebration on February 15, 2019 at 1pm until 2pm.



BCBA CORNER

Junk Behavior

What is Junk behavior

Behavior that is considered inappropriate and is not harmful to oneself or others.

Why junk Behavior happens

To “push your buttons” (get an emotional reaction)

To get you to give in to them

To make you go away

To get you to do it for them

It is just a habit (learned behavior)

It is typical of kids or teenagers at this age

Examples of Junk Behaviors

Whining, crying, saying No

How to Intervene

You carefully ignore any age-typical behavior that may be:

Annoying

Attention getting

Is not harmful to any person or property

Does not cause safety issues

Does not prevent the group from functioning smoothly

Don't say anything about the junk behavior.

For example, do NOT say “Stop that now!,” “Quit that!,” or “I'm warning you!”

Don't do anything differently when the junk behavior happens.

For example: don't react emotionally by rolling your eyes, staring, frowning, stomping out of the room, crossing your arms, putting your hands on your hips, etc

Pivot Praise other students that are displaying appropriate behaviors.

Praise alternative appropriate behaviors/ or absence of inappropriate behaviors.



Happy

**Always
Remember:**

be kind,

be fair,

be honest,

be true,

**& all of
these things**

will come

back to

you.



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