



Operation KINDNESS: Greenwave Style

	Activities for the Week	Quote of the Day
<p>Monday Jan. 25th</p>	<p><u>Change for Change</u></p> <p>Taking donations for the Piedmont Columbus Regional: Children's Miracle Network to improve the lives and healthcare of our community. This campaign runs all week long.</p>	<p><i>"No act of kindness no matter how small is ever wasted."</i> Aesop</p>
<p>Tuesday Jan. 26th</p>	<p><u>Team Kindness</u></p> <p>Wear your favorite team's jersey, sweatshirt or tee to show how kindness is a team effort.</p>	<p><i>"Let today be a day to let Kindness rule all your actions."</i> Jonathan Lockwood Hui</p>
<p>Wednesday Jan. 27th</p>	<p><u>Never Too Old for Kindness</u></p> <p>Dress up as an elderly citizen to show how kindness is timeless.</p>	<p><i>"Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience, and the passion to reach for the stars and change the world."</i> Harriet Tubman</p>
<p>Thursday Jan. 28th</p>	<p><u>Shine Bright with Kindness</u></p> <p>Wear bright or neon colors to show how kindness brightens our world.</p>	<p><i>"Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world."</i> Desmond Tutu</p>
<p>Friday Jan. 29th</p>	<p><u>A Kindness Wave to Farrfield Manor</u></p> <p>Post a kind word or saying for the residents at this senior living apartment to bring a little unexpected joy.</p>	<p><i>"Kindness is the language which the deaf can hear and the blind can see."</i> Mark Twain</p>