

College Admissions Checklist

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Seniors on the move

Seniors, as you prepare to close this chapter of your life by graduating from high school, remember this is not the end but the beginning. There are steps you still must take to ensure that you are fully prepared for what lies ahead, for example applying to colleges and universities. In the Fall, many of you began the process of looking for higher institutions of learning but, did you know that was just the beginning of **step one**? Now that you have applied, transcripts have been mailed, and test scores forwarded, you must now take the necessary steps in applying for financial aid. Once all those tasks are completed, the **second step** in the process begins. It's known as the waiting game!!

Soon you will start to receive important information regarding your applications. To ensure that you are still on course to attend school in the upcoming Fall, **step three** is very important:

1. Make sure that you check the mail or email regularly for admissions and financial aid letters.
2. Compare your admissions offers. Ask your guidance counselor and parents to help you weigh out your

options.

3. Narrow down your decision. Most schools ask that you make your decision before May 1.
4. Notify the school that you plan to attend and don't forget to make arrangements for housing (most colleges require incoming freshmen to stay on campus).



Free Money

Applying for scholarships is just one of the ways students can ease the financial burdens of paying for college. There are many organizations and programs that offer financial assistance to those who qualify. There are hundreds of scholarships available that target a wide range of talents and abilities such as:

Academics
Leadership
Community Service
Athletics
Artistic
Employer Related
Miscellaneous

Please see your guidance counselor for more information or find these opportunities on the web by going to:

[www. Fastweb.com](http://www.Fastweb.com) or scholarships.com

Inside this issue:

Guidance at a Glance	2
Parent's Corner	2
Developing Good Study Habit	2

Seniors who have not paid seniors dues are to do so as soon as possible. Payments are made directly to Ms. Burton.



Guidance at a Glance: Guidance Lesson 101- Do's and Don'ts of Smart Dating

Do

1. Be confident. Speak up about your feelings, interests and values towards the relationship.
2. Know your environment. Meet and hang out in a public place (movies, restaurants, sporting events, etc).
3. Get to know your date. Ask about his or her likes and dislikes, each other's families, values and beliefs, goals and dreams.
4. Bring your own money on a date.
5. Be careful about meeting people through the internet.

Trust your instincts. If you are not comfortable on the date, don't be afraid to do what you have to do to feel safe. Phone a friend or family.

Don't:

1. Try to force someone into going out with you if they're not interested.
2. Go alone to the other person's home or invite him/her to your home, in your car, or become isolated with someone you don't know well.
3. Send mix messages, especially about sex.
4. Get drunk or high in order to "loosen up" and be confident on the date.
5. Play "hard to get" or mind games.
6. Do anything you don't want to just because you want the person to like you or you don't want to get your feelings hurt.

If your partner is abusive, changing your behavior will not make it stop.

abusive relationship remember:

1. You cannot change your partner. You can only let your partner know what changes he/she needs to make but, it is his/her decision to change.
2. You are not responsible for your partner's actions. If your partner is abusive, changing your behavior will not make the abuse stop.
3. It is not your fault. Abuse is NEVER okay!!!!
4. Abuse is dangerous and will only get worse over time.
5. You are not alone. Help is available. **See your guidance counselor for information or call the copeline at 1-888-285-5665**

If some of you are in a painful/

Parent's Corner:

As graduation approaches and you prepare to launch your son or daughter into this big world, it is our hope that the planning stages of his or her vocational plans are nearly complete. Choosing a career and figuring out how to prepare for that career can be very difficult therefore; your child will need your help in exploring and evaluating his/her career and educational options. High school students should carefully consider and ex-

plore the following six educational options if they haven't already:

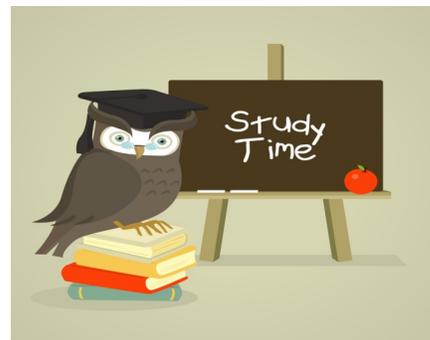
- Career and Technology
- Four-Year Colleges
- Community College
- Career Technical Colleges

- Military Service
- Apprenticeships
- Only Career and Technology enables students to prepare for a specific career while in high school. The reminding options are for high school graduates.

Contact guidance for further assistance.

Good Study Habits: It's Never Too Late to Get Them!!

1. Establish a regular time to study: set up a regular time to study and don't alter it. After a while it becomes a healthy habit.
2. Study in a suitable and regular place: Be free of distractions such as other people, cell phone, TV, and radio.
3. Organize all materials before starting: Your study area should be free from clutter only having the material that you are about to use.
4. Don't wait for inspiration to strike...Develop regular procedure. Establish a procedure that is comfortable for you. If it is not working for you, change it so that it will fit nicely into your study schedule.
5. Stay on track, it's okay to read and study ahead!!



Inside Story Headline



Inside Story Headline



Organization



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