



**START HERE**  
Is it a CAS experience?

Is it something you will enjoy?

No

Why bother? You only have a small amount of free time.

Yes

Good start. Keep going.

Is it part of a required class?

No

Keep going.

Yes

Will you be undertaking one, or more, of Creativity, Activity, or Service?

No

Then it's not CAS!

Yes

You're on the right track.

Is it safe? Or can you assess risk?

No

You have a lot of life left to life, find something else.

Yes

Almost there.

Do you need a supervisor?

No

Submit unsupervised experience form for approval

Yes

Find one and get their agreement.

One time experience?

No

Multiple experiences or project. Consider using CAS Stages.

Yes

YOU HAVE A CAS EXPERIENCE!

Go for it.

Do you think you will be able to achieve one of the 7 Learning Outcomes? (you don't need to decide which one(s) now)

Yes

LOOKS LIKE YOU HAVE A GOOD CAS EXPERIENCE IDEA!

No

Doesn't look like CAS.