**CAS Risk Assessment Form**

When engaging in any CAS experience, but particularly when developing your own CAS project, it is essential to consider whether there are any inherent risks involved. Please use the questions/prompts below to thoroughly consider possible risks. This form MUST be submitted with your CAS Project Proposal before it will be considered.

**General considerations**

* What kind of risks might you be exposed to in this activity?
* What are the specific risks?
* What procedures could help you avoid these risks?

**Specific risk areas**

1. Physical risks (to self/others) caused by:

[ ]  Natural environment (e.g. animal bites, pollution)

[ ]  Equipment (e.g. ladders, barriers)

[ ]  Transport

[ ]  Chemicals

[ ]  Electricity

[ ]  Fire

[ ]  Water

[ ]  Noise

[ ]  People (e.g. aggression, lack of self-control)

[ ]  Insufficient knowledge about special working methods (e.g. lifting heavy objects)

Explain risk and actions/procedures you are taking to avoid or deal with them:

2. Mental risks (to self/others) caused by:

[ ]  stress

[ ]  disorientation

[ ]  emotional issues

Explain risk and actions/procedures you are taking to avoid or deal with them:

3. Environmental risks

[ ]  destroying nature

[ ]  "disturbing" animals in their natural habitat

Explain risk and actions/procedures you are taking to avoid or deal with them:

4. Legal risks

Are you complying with rules/regulations of country/region/school? Explain.

5. Ethical risks

Are you doing an activity that might cause conflict between you and your family/fellow students/school? Explain.

This form has been adapted from material located at <https://sites.google.com/a/baliis.net/float-like-a-butterfly/cas-week-grade-11/risk-assessment>.