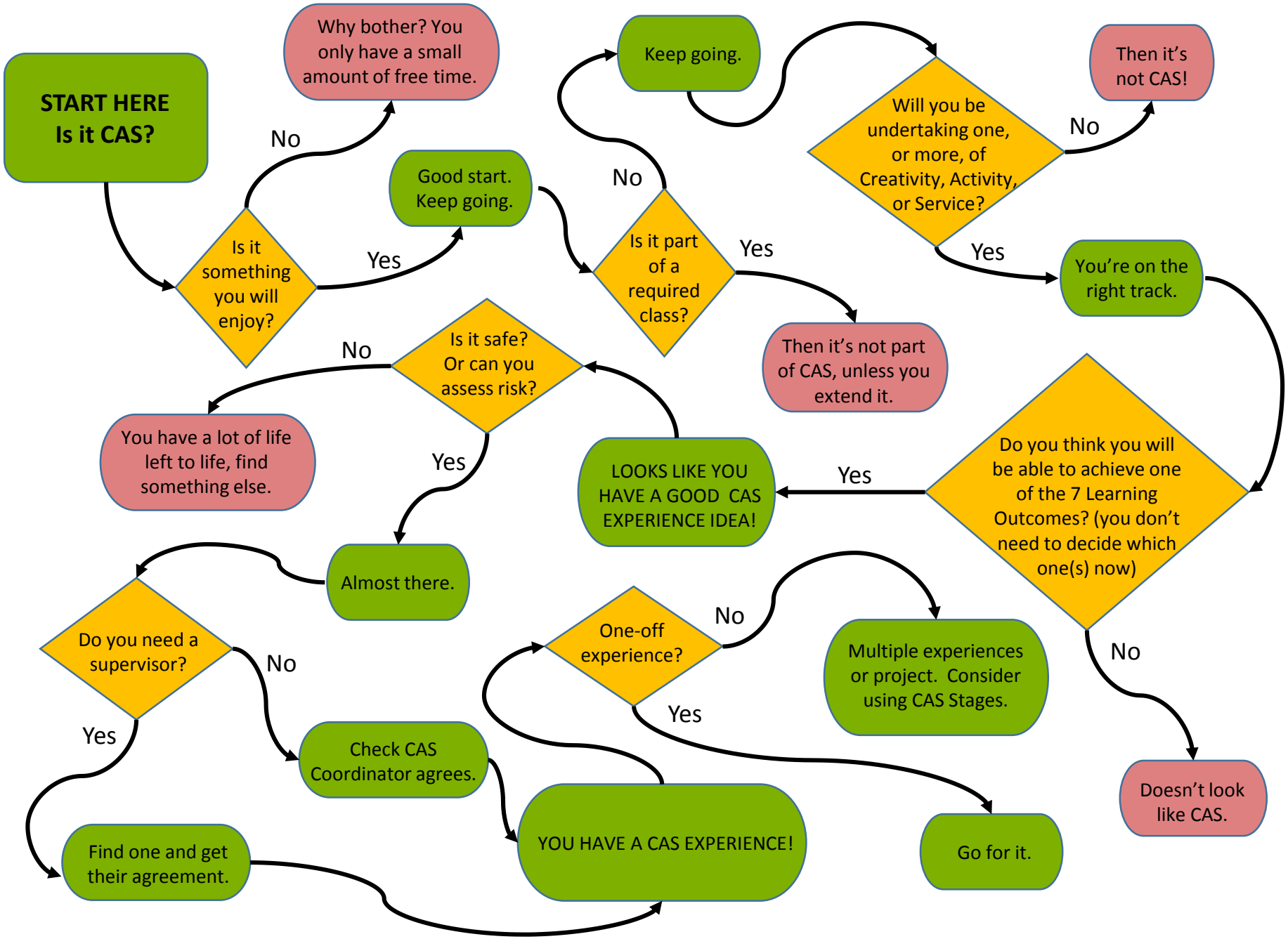
START HERE
Is it CAS?
Is it something you will enjoy?
No
Why bother? You only have a small amount of free time.
Yes
Good start. Keep going.
Is it part of a required class?
No
Keep going.
Yes
Then it's not part of CAS, unless you extend it.
Will you be undertaking one, or more, of Creativity, Activity, or Service?
No
Then it's not CAS!
Yes
You're on the right track.
Do you think you will be able to achieve one of the 7 Learning Outcomes? (you don't need to decide which one(s) now)
Yes
LOOKS LIKE YOU HAVE A GOOD CAS EXPERIENCE IDEA!
No
Doesn't look like CAS.
Is it safe? Or can you assess risk?
No
You have a lot of life left to life, find something else.
Yes
Almost there.
Do you need a supervisor?
Yes
Find one and get their agreement.
No
Check CAS Coordinator agrees.
One-off experience?
No
Multiple experiences or project. Consider using CAS Stages.
Yes
Go for it.
YOU HAVE A CAS EXPERIENCE!