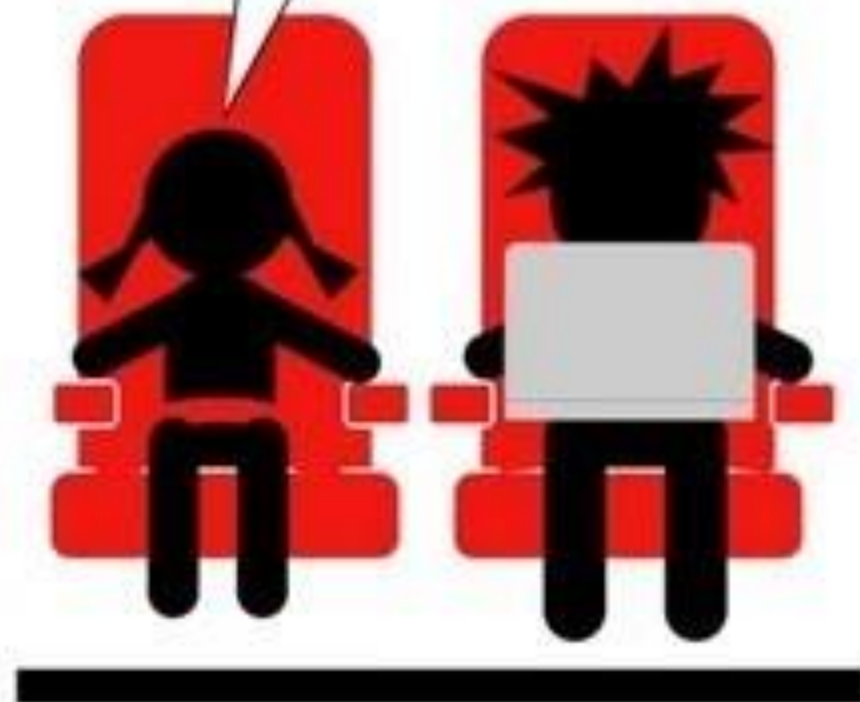


A person is seen from behind, wearing a green t-shirt with the word 'VOLUNTEER' printed on the back. They are raising their right hand towards a bright, glowing light source. The word 'CAS' is overlaid in large, bold, black letters across the center of the image.

CAS

VOLUNTEER

Are you successful?



- **What are your thoughts on the 8 traits that Richard St. John identifies as those that lead to success?**



The 8 Traits That Lead to Great Success RichardStJohn.com © Copyright 2010 Train of Thought Arts Inc.

- **What is the first trait in his *8 TO BE GREAT*?**
- **Why is PASSION so important to being successful?**
- **How easy is it to find your passion?**

**The meaning of life
is to find your gift.
The purpose of life
is to give it away.**

- Pablo Picasso



RIGHTED OUT

AT



INDIGNATION
IN JUSTICE

Questions

- **According to the video, what do you need to make a change in the world?**
- **Why is it important for leaders to serve others?**
- **In what way(s) is service to others also leadership?**

Your Task

- **Take a minute to write down some things that you REALLY enjoy doing, or learning, or practicing, etc.**
- **Take a minute to write down an issue (or more than one) in the world that you know something about and you REALLY think needs to be addressed.**

Brainstorming

- **Find a partner or two...**
- **Talk about your passions and the cause(s) you think need to be addressed.**
- **Discuss with each other how you can combine these things to make a difference by doing something you enjoy.**

No time is
better spent
than that spent
in the service of
your fellow man.

♡ Bryan McGill ♡

Three Strands of CAS

Creativity
Activity
Service



Creativity



Creativity is exploring and extending ideas leading to an original or interpretive product of performance.



Activity

Activity is physical exertion contributing to a healthy lifestyle.



Service is collaborative and reciprocal engagement with the community in response to an authentic need.




CAS Experiences

A CAS experience is a specific event in which the student engages with one or more of the three CAS strands. Additionally, it **MUST**:


- Be based on personal interest, skill, talent, or opportunity for growth
- Provide opportunities to develop the attributes of the IB learner profile & meet learner outcomes
- Not be used or included in the student's Diploma/Career or graduation requirements.

Identifies own strengths and
develops areas for growth.






Demonstrate that challenges
have been undertaken,



developing new
skills in the
process.

The background of the slide is a 3D isometric illustration of a maze. The walls are white rectangular blocks with grey shadows, creating a complex network of paths. Several paths are highlighted in a vibrant blue color, winding through the maze. The perspective is from an elevated angle, looking down into the maze.

Demonstrate how to initiate and plan
a CAS experience.



Show
commitment to
and
perseverance in
CAS experiences

Demonstrates the skills and recognize the benefits of working collaboratively.





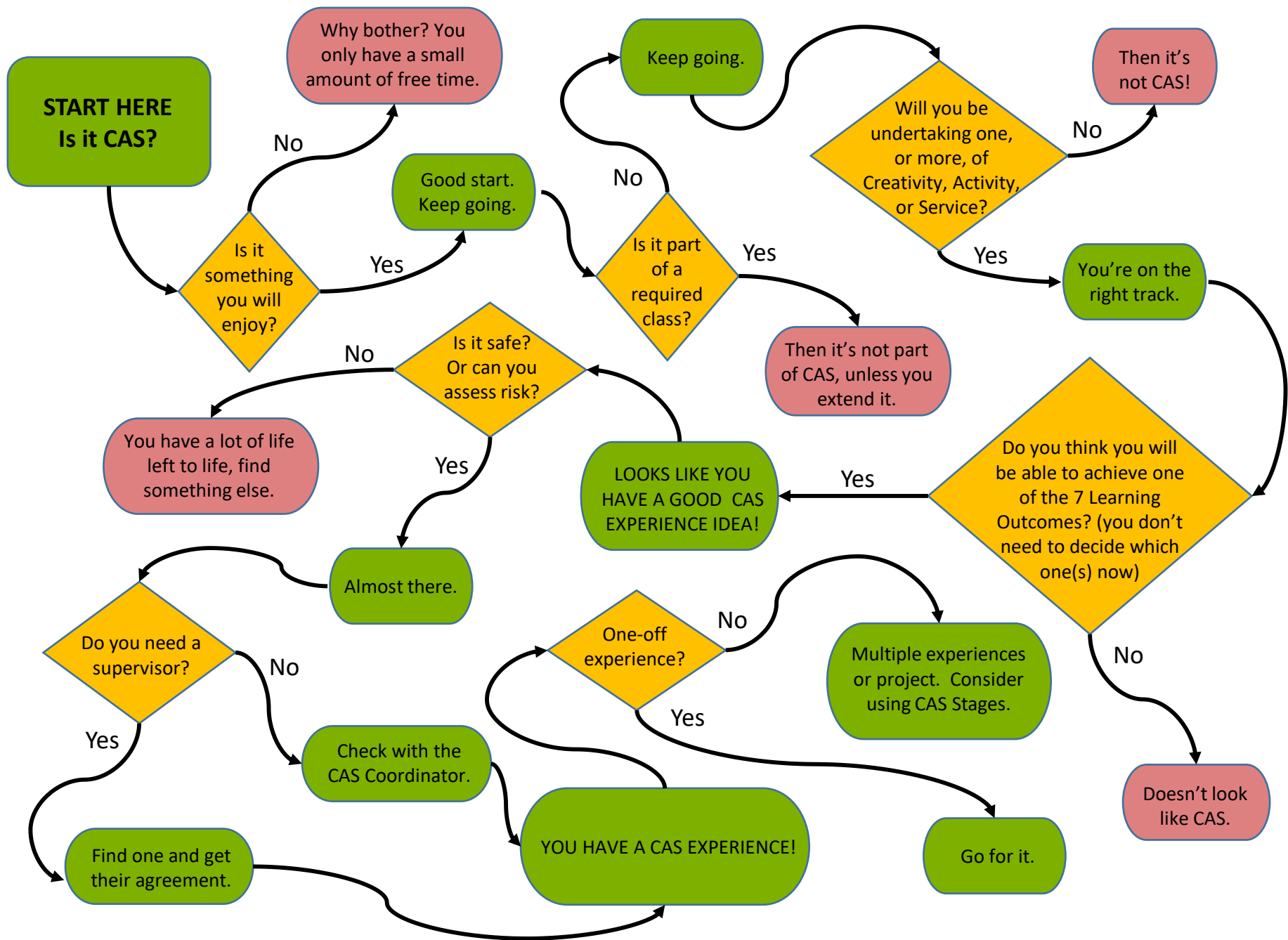
Demonstrate engagement with issues
of global significance.

Recognize and
consider the
ethics of choices
and actions.



Consider the following

- **Will the experience be enjoyable?**
- **Does the experience allow for development of personal interests, skills, and/or talent?**
- **What might be the possible consequences of your CAS experience for you, others, and the environment?**
- **Which CAS learning outcome(s) may be addressed?**



CAS Project

A CAS project is a collaborative series of sequential CAS experiences lasting at least one month.



Details later...



You don't
NEED A
reason to
HELP PEOPLE.

Nuts & Bolts of CAS/CSL

The background of the slide features a collection of various metal nuts and bolts, some with hexagonal heads and others with different shapes, scattered across the surface. The image is in grayscale and has a slightly faded, artistic quality, serving as a visual metaphor for the 'nuts and bolts' mentioned in the title.

- **You MUST be involved in CAS activities WEEKLY for 18 months...INCLUDING BREAKS**
- **What should you be doing “weekly?”**
- **Engage in things you will enjoy!**
- **Engage in ALL 3 strands**
- **Target the 7 Learner Outcomes**

Nuts & Bolts of CAS/CSL

The background of the slide features a collection of various metal nuts and bolts, some hexagonal and some with different thread patterns, scattered across the surface. The image is in grayscale and has a slightly faded, artistic quality, serving as a visual metaphor for the 'nuts and bolts' mentioned in the title.

- **Reflect – use the form for now...more instruction/guidance later**
- **Collect “artifacts”**
- **Complete a Supervisor Evaluation Form at the end of each experience**
- **Maintain an organized “portfolio” – do your best for now...more guidance later**
- **Complete collaborative service project – WAIT ON THIS**
- **Details & forms on the Hardaway website – <http://sites.muscogee.k12.ga.us/hardaway/ib-casservice-learning-forms/>**

Where do I start?

- **Develop a plan for the year. Think first of all the things you already do that count as CAS. THEN think about how you can fill in the gaps (use the checklist).**
- **Start logging your hours for your different activities.**
- **Have supervisor forms filled out as you finish activities.**
- **Keep up with it, and don't let it pile up – that is what the portfolio is for...**

If you want to Find an Agency

The internet is amazing...

- <http://www.volunteermatch.org/>
- <http://www.unitedwayofthecv.org/plaintext/ourwork/ourpartners.aspx>
- <http://www.muscogeemoms.com/business-directory/volunteer-opportunities/>
- <http://greatnonprofits.org/city/columbus/GA>
- <http://www.metrocolumbus.info/Community/Non-Profits.html>
- <http://www.columbusgachamber.com/>
- <https://www.sba.gov/content/find-business-mentor>
- <http://www.georgiasbdc.org/columbus-office/>
- **CAS Agency Guidebook – check it out!**
- **Clicking on a link or opening the Guidebook is not enough...What else do you have to do in order to make sure that the agency you choose will work for you?**

Questions to Ask

- Would you allow people to volunteer with your business? (If it is a business, and not a volunteer agency)
- Are there age limits on your volunteers?
- What are your hours of operation?
- What kinds of things do your volunteers do?
- Do you have a sign up process for volunteers? (If so, what is it?)
- Do you have limits on the number of hours volunteers can work?
- Is there an orientation/training?
- Would you mind if the volunteer coordinator at my school contacts you?

Current Opportunities

- Riverdale Porterdale Foundation Board (ongoing)
 - Nella Partain; 706 570 3096; Aubie6155@aol.com
- Exchange Club (ongoing)
 - Sandra Nearhoof; 706-569-1063
- CCSC, Inc. – Tutoring (ongoing)
 - Tresa Hart-Williams 706-315-8847
- Columbus Children's Book Festival (one time)
 - Cvlga.org/volunteer – register by September 8
 - Friday 2:00-???: Saturday 10:00-4:00

