

## Resources and Articles for School Counselors Related to the Coronavirus (COVID-19)

GSCA is committed to supporting school counselors as they prepare and respond to COVID-19 concerns. This document is not intended to, nor does it, provide any legal advice. If you have a resource that you would like to share or believe would have broad appeal to aid the Georgia school counselors, please email <a href="mailto:info@gaschoolcounselor.org">info@gaschoolcounselor.org</a> to suggest additional content for this document.

GENERAL RESOURCES	
RESOURCE	LINK
Tips for discussing COVID-19 with kids	<u>Article</u>
StoryLine: Celebrities reading popular children books	Website
Coping with stress during Infectious Disease Outbreaks (good for parents, teachers too)	File
Supporting Families During COVID-19	Website
To help educators organize teaching online during this time	Blog
Protecting Your Own Mental Health	Website
Student's Activities During School Closures: Let's Engage Everyone	<u>Website</u>
Actionable Tools for Creating Community in a Time of Social	Resource Hub
Distancing	
The Role of the School Counselor in Distance Learning	<u>File</u>
Coping and Staying Emotionally Well During COVID-19	
Social Distancing	Blog
Providing Services to Children with Disabilities During the	<u>Letter</u>
Coronavirus Disease 2020 Outbreak	
Calm.com Resources	Blog
Scholastic Learning at Home	<u>Website</u>
American School Counselor Association COVID 19	<u>Website</u>
Resources	
SEL Resources for COVID-19	Resource Hub



RESOURCE	LINK	
School Counseling From A Distance: Supporting Our	Webinar Recording	
Students During COVID-19 featuring Brian Coleman		
Sample Google Counselor Check in With Students Forms	Form 1 Form 2	
ELEMENTARY RESOURCES		
Health and Wellness articles by Scholastic	Article/Resources	
Printable Coloring Sheets	<u>Resource</u>	
PBS Kids Music Games for Practicing Self-Regulation	<u>Article</u>	
	<u>YouTube Video</u>	
Julia Cook's impromptu book: The Yucky Bug	<u>Tips for Parents to talk about</u> <u>book</u>	
Body Scan Activity (mindfulness for kids)	Article/Activity	
Career Exploration for Grades K-8	<u>Website</u>	
MIDDLE SCHOOL RESOURCES		
Virtual college campus tours	<u>Website</u>	
PD: Trauma-Informed Resilient Schools (FREE with code)	<u>Webinar</u>	
Free Virtual Tutoring for MS/HS Students	<u>Website</u>	
Career Exploration for Grades K-8	<u>Website</u>	
Yoga and Mindfulness by Humble Warriors Yoga	<u>YouTube</u>	
Career One Stop	<u>Website</u>	
HIGH SCHOOL RESOUR	CES	
Virtual college campus tours	<u>Website</u>	
GAFutures for students and parents	<u>Website</u>	
Low-Cost Internet and Computers	Resource	
School Counseling in an Online World	Register for webinar	
NACAC College Admissions Status Update	Report	
Free Virtual Tutoring for MS/HS Students	<u>Website</u>	