## Dig This!

Blackmond Road M.S. Camp June 17-19 9:00am-1:00pm ET



**Registration Cost: \$50** 

## **Camp Details**

Blackmond Rd MiddleSchool will be hosting a team camp. The camp is intended to challenge players of all level in their current skills sets through rigorous, competitive and high technical drills. Areas of the game that will be covered are: passing, serving, setting, hitting, ball control, speed and agility, building self-confidence, and individual/ team concepts. During this camp we will promote aggressive, smart "play" while focusing on technique, positive attitude, and communication. Come with an open mind, a positive attitude, and be prepared to work together on the court. Be open to new positions, concepts, and technical changes to make you a more consistent player.

## What to Bring:

We recommend that all participants bring clothes suited for vigorous activity as well as suitable shoes that are already broken in to avoid blisters. Knee pads are required to be worn during all camp activities. Ankle braces are recommended, but they are not mandatory.

An up-to-date physical should be on file with the head coach.

## **Camp Details:**

The camp will be 3 days from 9:00am – 1:00pm. Players are encouraged to pack a light snack and water/Gatorade for breaks. Please come properly dress prior to entering the gym.

Date: June 17-19 Monday - Wednesday

**Hours:** 9:00am — 1:00 pm ET

**Contact:** If you have any questions about the camp please contact Coach Johannes (gejohannes5@gmail.com) 706-457-9884

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Participant:
Camp Fee \$50
Experience:
MS yrs HS yrs Club name and yrs
Guardian(s) Name
<u>A</u> ddress
Email address for registration confirmation  Number: Include Home, Work, and cell
Health issues:
Method of Payment:  Check (Made to: Gary Johannes)  Money Order  Cash
Parent Signature

Submit registration form and payment to head coach prior to participating