



General Policies and Expectations

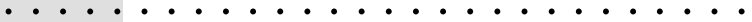
- All practices and games are required.
- Cheerleaders are responsible for letting the coach know ahead of time that a conflict will prevent them from attending a scheduled practice or game. With no notice, the cheerleader will be required to attend the next game and sit in the stands.
- Cheerleaders provide leadership and are role models for BRMS and our community. They are responsible for promoting school spirit, enthusiasm, and good sportsmanship. Cheerleaders are to present a positive attitude at all times. If athletic events bore you, you should not be a cheerleader!
- A cheerleader that participates in inappropriate behavior (in/out of school) or presents a negative attitude during practice, games, or competitions may be benched for part/all of a game or pep rally, and may be removed from the squad.

Selection of Cheerleaders

- Practice will be held Tuesday, Aug. 13 and Wednesday, Aug. 14 (4:00 to 5:30 pm in the gym) prior to the final try-out on Thursday, Aug. 15th.
 - Each candidate will learn a cheer, chant, and dance
 - Each candidate will perform the following jumps:
 - Toe touch
 - Jump of choice
 - Each candidate will be asked to perform the following tumbling skills:
 - Standing tumbling
 - Running tumbling – pass of choice
 - *Note: these skills should only be attempted if the candidate has experience w/out spot*
 - Candidates will be judged throughout the selection process. Three judges will be present for the final try-out on Thursday, Aug. 15th. Decisions will be based upon the following:
 - Execution of Fundamentals – tumbling, jumps, dance, motions
 - Difficulty – tumbling, jumps, dance, motion
 - Overall Performance – showmanship, spirit, athleticism
 - Coach Evaluation – cooperation, attitude, attendance, dependability (behavior grades, and discipline reports taken into account)
 - Teacher recommendations – cooperation, attitude, attendance, dependability
 - There will be 13-20 candidates selected.

Athletic Eligibility

- All cheerleaders are athletes and must meet the eligibility requirements stated in the MCSD handbook.
- You may not participate if you have failed any classes during the first semester. If you are in danger of failing a class this semester you should not try-out.





Attitude and Behavior

- Cheerleaders are responsible for their behavior both on and off the field/court.
- Cheerleaders will follow the rules as outlined in the BRMS Handbook.
- Cheerleaders must maintain good rapport with the BRMS staff and faculty, both on and off the school grounds.
 - The coach reserves the right to:
 - Suspend from participation
 - Release from squad
- A cheerleader is a role model for the student body and fans. A positive attitude and good sportsmanship toward squad members, teams, coaches, teachers, students, and officials is expected at all times.
- A demerit system is enforced in order to maintain organization and commitment.

Responsibility and Commitment

- As noted previously, all performances and practices are required.
- At the conclusion of a practice or game cheerleaders should be picked up within 15 minutes.
- **Practice Schedule**
 - Parent meeting Monday, Aug. 12th @ 6 pm
 - Practice will be every Monday through Friday from 4-6 pm during the month of August in order to prepare for football season.
- **Camp Schedule**
 - Camp: Saturday sessions will be mandatory to learn our halftime routine
 - Saturday, Aug. 17th 9 am – 3 pm
 - Saturday, Aug. 24th 9 am – 3 pm
- **Games**
 - Attendance at all home games is required during football season.
 - August - October
 - Specific Schedule TBA
 - Attendance at all assigned home games is required during basketball season.
 - December-February
 - Specific schedule TBA
- We are also responsible for a variety of school spirit events that cheerleaders are expected to support. In the past we have participated/planned:
 - Back-to-School Dance
 - Homecoming Week
 - Pep Rallies



Estimated Donations

- Each cheerleader is responsible for raising the funds associated with being a member of the cheerleading squad. The amounts listed below are approximate and do not include tax. A detailed statement will follow for members.

Description of Item	Price
Uniform (skirt & top) Rental	\$50.00
Bloomers	\$20.00
Black razor-back sports bra	\$10.00
White no-show socks	\$5.00
White cheer shoes	\$50.00
Poms	\$40.00
Bow	\$15.00
Cheer bag	\$40.00
Practice t-shirt	\$15.00
BRMS Sweatpants	\$30.00
Hoodie/ Jacket	\$30.00
Athletic Booster Club Dues	\$35.00
Approximate Total	\$340.00

- All monies paid for cheerleading are nonrefundable. Any cheerleader removed from the squad during the season will not receive a refund. Some items may not need purchasing if you have cheered before.

Required Paperwork (due Monday, Aug. 12th by 6:00pm to Rm. 410...NO EXCEPTIONS!)

- Signed Copy of Try-out Application
- Completed and signed "Permission to Participate/Permission to Treat"
- Completed and signed "Concussion Awareness Form"
- Completed and signed copy of "Preparticipation Physical Evaluation" (4 pages)
- Two Completed Teacher Recommendations (the teachers may send this directly)
- Copy of most recent progress report or report card

