

Aaron Cohn Middle School Cheerleading Tryouts

Before Trying Out:

Prior to tryouts you **MUST** have your physical, Assumption of Risk & Waiver of Liability/Parent Permission form, and proof of insurance to Coach Ingram. Forms are available on the school website or from Coach Ingram.

Tryouts:

Students will meet in the gym immediately after school. Tryouts will begin shortly after 4:00 and run until 5:15pm on August 13-15. Those trying out should wear shorts, t-shirt (that can be tucked in), socks and tennis shoes. Hair should be worn back and off face (ponytails work).

DO NOT BUY ANYTHING JUST FOR TRYOUTS.

**Parents should make arrangements for their child to be picked up
NO LATER than 5:15pm.**

During tryouts:

Each candidate will learn two cheers and a dance.

Each candidate will have the opportunity to demonstrate tumbling skills.

**Note: these skills should only be attempted if the candidate has experience without a spot*

There will be a final individual and small group evaluation by the coach and another evaluator on Thursday, August 15th. Candidates will be judged throughout the selection process by the coach based on the following categories:

- Execution
- Difficulty
- Overall Performance – showmanship, spirit, athleticism
- Coach Evaluation – cooperation, attitude, attendance, dependability (behavior grades, and discipline reports taken into account)

There will be no more than 16 cheerleaders chosen. Coach will make the FINAL DECISION. Squad selection will be posted on the school website.

TENTATIVE CHEER SCHEDULE (through October)

Date	Time	
August 13-15	4-5:15pm	Tryouts
August 16	4-5:00pm	Uniform Fitting/Practice
August 16	5:00pm	Parent Meeting/Camp Payment Due - \$50, cash only
August 20-22	4-5:00pm	Fittings/Practice
August 24	9am-3pm	United Camp (lunch provided)
August 27-29	4-5:00pm	Practice
September 3-5	4-5:00pm	Practice
September 5		2 nd Payment Due - cash only
September 7	5pm-6:30pm	Scrimmage @ Kinnett Stadium - AC vs DCMS
September 9-10	4-5:00pm	Practice
September 11	5:15pm	AC @ BRMS
September 17	4-5:00pm	Practice
September 18	5:15pm	Home Game vs Harris County
September 24	4-5:00pm	Practice
September 25	5:15pm	Home Game vs Richards
October 1	4-5:00pm	Practice - Final Payment Due - cash only
October 2	5:15pm	Home Game vs East Columbus
October 14 (Columbus Day)	TBA	Pep Rally Practice
October 15	4-5:00pm	Practice
October 15-18		Spirit Week
October 16		Pep Rally & Home Game vs Arnold

ESTIMATED CHEER COSTS

This is a cost estimate for the 2019-20 school year. The total cost will be divided into three payments which will be due on August 16th, September 5th, and October 1st. Each cheerleader is responsible for any cost prior to receiving items ordered. **ALL PAYMENTS MUST BE MADE IN CASH.**

Cost	Description
\$35 Camp Fee	United Camp
\$60 Athletic Fee	Includes the use of 2 uniforms, raincoat, poms, cheer locker, and booster fees
\$15 T-shirt	T-shirt
\$95 Warm Ups	Jacket (\$55) Pants (\$30) Optional Monogram (\$10)
\$10 Bows	Game day bow/special event ribbons
\$15 Briefs	Orange
Total = \$230	

These are estimated costs for a NEW cheerleader to Aaron Cohn. If you have cheered at ACMS previously, you only need to order those items that you need.

Each girl purchases their own SOLID white cheer shoes. The brand doesn't matter, however, we are not a competitive squad and will be cheering outside. I suggest a shoe like the NIKE Sideline II or III. Also, each girl will need a solid black racer back sports bra.

Football Schedule 2019

Day	Date	Opponent	Site	Time
Saturday	September 7	Double Churches Wildcats	Kinnett	5:30pm
Wednesday	September 11	Blackmon Road Eagles	Blackmon Road	5:15pm
Wednesday	September 18	Harris County Tigers	Aaron Cohn	5:15pm
Wednesday	September 25	Richards Warriors	Aaron Cohn	5:15pm
Wednesday	October 2	East Columbus Knights	Aaron Cohn	5:15pm
Wednesday	October 9	Veterans Rangers	Kinnett	6:00pm
Wednesday	October 16	Arnold Rams	Aaron Cohn	5:15pm
Wednesday	October 23	Rothschild Falcons	Rothschild	5:15pm
Wednesday	October 30	Playoffs – First Round	Kinnett	TBD
Wednesday	November 6	Semifinals	Kinnett	TBD
Wednesday	November 13	Finals	Kinnett	6:30pm

Cheerleaders are REQUIRED to attend ALL football and basketball games with the exception of emergencies. Unexcused absences may result in dismissal from the cheerleading team.