

AARON COHN MIDDLE SCHOOL

2019

CROSS COUNTRY

Girls

Alivia Brewton
Eliana Brou
Brianna Childers
Amara Harper
Haley Heard
Zaria Law
Savannah Matthews
Emma Mathis
Mya Roberts
Ann Marie Steele Flores
Layla Stubbs
Riley Trosclair
Dyvine Vega
Gabriella Ware
Kaela White

Boys

Max Adams
Skyler Brewton
Jaylen Davis
Matthew Dein
DJ Granville
RJ Griffin
Hagan Hale
Martin Heim
Jackson Hobbs
Colton Ratlief
William Rembert
Noah Singleton
Aiden Valente
Aiden Whittaker

Congratulations runners!

Practice days, times, and locations (practices begin MONDAY, August 26):

- | | | |
|-------------|----------------|---|
| • Monday | 4:00 – 5:15 pm | ACMS |
| • Wednesday | 4:00 – 5:15 pm | ACMS |
| • Saturday | 6:15 – 7:15 am | |
| | OR | Fall Line Trace trail at Flat Rock Park |
| | 8:15 – 9:15 am | |

Items needed for practice daily:

- Running shoes
- Appropriate running shirt and shorts
- Towel
- Water bottle

Please plan on attending the **MANDATORY** parent meeting **Monday, August 26, 2018**. It will be after practice located in the cafeteria at 5:00 p.m. Be prepared to pay fees – **CASH ONLY**. The total cost for Cross Country will be **\$60** (\$15 for t-shirt, \$20 for race shirt and \$25 athletic fee). I plan to order T-shirts on Wednesday, August 28 so we can get them back quickly. Students will also need a black pair of running shorts (a pair can be borrowed from the Athletic Department if purchasing a pair is not possible).

We look forward to a great season!