

## Aaron Cohn Girls Basketball 2018-2019

Tryouts: Report to the Gymnasium immediately after school with proper paperwork to participate.

**GIRLS: November 26<sup>th</sup> (4-6pm)  
November 27<sup>th</sup> (4-5:30)**

The team will be announced via the Aaron Cohn athletic website on November 27<sup>th</sup>.

### Requirements for tryouts:

1. Current Physical
2. Athletic Permission Slip – Appendix E
3. Copy of Insurance Card/ Info
4. Good grades and conduct grade must be maintained
5. Willingness to work hard



Forms can be downloaded on the school website or picked up from Coach Ingram: <http://sites.muscogee.k12.ga.us/aaroncohn/athletic-department/>

Making the team will be determined by the following matrix:  
Skills (Passing, Lay ups, Shooting, Defensive Skills) **40%**  
Athletic Ability (Quickness, Endurance, Strength, Jumping Ability) **10%**  
Attitude/Teamwork/Willingness to work with others **50%**

### Practice Schedule:

**Conditioning** begins **Wednesday, November 28-30<sup>th</sup>** at 4-5PM. **First practice** is **Monday, December 3<sup>rd</sup>**. A practice schedule will be handed out once the team is chosen. Student-Athletes are expected to attend practice every day.

### Parent Meeting for all players and parents that make the team:

**Monday, December 3<sup>rd</sup>** at 5:45 in ACMS' Lunchroom

### Games:

Regular season games begin December 12<sup>th</sup> through February 13<sup>th</sup>. Regular season schedule is attached.

### Costs: CASH ONLY

- Required: \$130 (Athletic Fee, shooting shirt, T-shirt, socks and warm up) Returning players will not be required to purchase warm up if they still have their warm-up from previous year.
- **Optional:** Bag: \$25
- Black tennis shoes are to be provided by players.
- Admission Fee for all basketball game is \$5.00 for adults and \$3.00 for students.