

TENTATIVE CHEER SCHEDULE (through October)

| Date | Time | |
|--------------------------|--------------|--|
| August 13-15 | 4-5:30pm | Tryouts |
| August 16 | 4-5:30pm | Uniform Fitting/Practice |
| August 16 | 5:30pm | Parent Meeting/Camp Payment Due - \$115, cash only |
| August 21-23 | 4-5:30pm | Fittings/Practice |
| August 24 | 4-9pm | UCA Camp (dinner provided) |
| August 25 | 9am-4pm | UCA Camp (lunch provided) |
| August 28-30 | 4-5:30pm | Practice |
| September 4-6 | 4-5:30pm | Practice |
| September 5 | | 2 nd Payment Due - \$100, cash only |
| September 11-14 | 4-5:30pm | Practice |
| September 15 | 10:30am-12pm | Scrimmage @ Kinnett Stadium - AC vs Baker |
| September 18 | 4-5:30pm | Practice |
| September 19 | 5:15pm | AC @ East Columbus |
| September 20 | 4-5:30pm | Practice |
| September 24-25 | 4-5:30pm | Practice |
| September 26 | 5:15pm | Home Game vs Veterans |
| October 1-2 | 4-5:30pm | Practice - Final Payment Due - \$100, cash only |
| October 3 | 5:15pm | AC @ Arnold |
| October 8 (Columbus Day) | 3-5pm | Pep Rally Practice |
| October 9-12 | | Spirit Week |
| October 10 | | Pep Rally & Home Game vs St. Anne |

ESTIMATED CHEER COSTS

This is a cost *estimate* for the 2018-19 school year. The total cost will be divided into three payments which will be due on August 16th, September 5th, and October 2nd. Each cheerleader is responsible for any cost prior to receiving items ordered. **ALL PAYMENTS MUST BE MADE IN CASH.**

| Cost | Description |
|-----------------------|--|
| \$110 Camp Fee | 2 day UCA Cheer Camp at ACMS |
| \$60 Athletic Fee | Includes the use of 2 uniforms, raincoat, poms, cheer locker, and booster fees |
| \$30 Clothing Package | T-shirt (\$18) Shorts (\$12) |
| \$90 Warm Ups | Jacket (\$60) Pants (\$30) |
| \$10 Bows | Game day bow/special event ribbons |
| \$15 Briefs | Orange |
| Total = \$315 | |

These are estimated costs for a NEW cheerleader to Aaron Cohn. If you have cheered at ACMS previously, you only need to order those items that you need.

Each girl purchases their own SOLID white cheer shoes. The brand doesn't matter, however, we are not a competitive squad and will be cheering outside. I suggest a shoe like the NIKE Sideline II or III. Also, each girl will need a solid black racer back sports bra.

Aaron Cohn Middle School Cheerleading Tryouts

Before Trying Out:

Prior to tryouts you MUST have your physical, Permission to Participate form, and proof of insurance to Coach Ingram. Forms are available on the school website or from Coach Ingram.

Tryouts:

Students will meet in the gym immediately after school. Tryouts will begin shortly after 4:00 and run until 5:30pm on August 13-15. Those trying out should wear shorts, t-shirt (that can be tucked in), socks and tennis shoes. Hair should be worn back and off face (ponytails work). DO NOT BUY ANYTHING JUST FOR TRYOUTS.

Parents should make arrangements for their child to be picked up NO LATER than 5:30pm.

During tryouts:

Each candidate will learn cheers, chants, and a dance.

Each candidate will perform the following jumps:

Toe touch
Hurdler
Pike

Each candidate will have the opportunity to demonstrate tumbling skills:

Back handspring, Back Tuck
Running tumbling – pass of choice

Note: these skills should only be attempted if the candidate has experience without a spot

There will be a final individual and small group evaluation by the coach and another evaluator on Wednesday, August 15th. Candidates will be judged throughout the selection process by the coach based on the following categories:

- Execution of Fundamentals – tumbling, jumps, dance, motions
- Difficulty – tumbling, jumps, dance, motion
- Overall Performance – showmanship, spirit, athleticism
- Coach Evaluation – cooperation, attitude, attendance, dependability (behavior grades, and discipline reports taken into account)

There will be no more than 16 cheerleaders chosen. Coach will make the FINAL DECISION. Squad selection will be posted on the school website.

Football Schedule 2018

| Day | Date | Opponent | Site | Time | Home/Away |
|-----------|--------------|-------------------------------|-----------------|----------|-----------|
| Saturday | September 15 | Midland – Jaguars (scrimmage) | Kinnett Stadium | 11:15 am | Home |
| Wednesday | September 19 | East Columbus – Knights | East Columbus | 5:15pm | Away |
| Wednesday | September 26 | Veterans – Rangers | Aaron Cohn | 5:15pm | Home |
| Wednesday | October 3 | Arnold - Rams | Arnold | 5:15pm | Away |
| Wednesday | October 10 | St. Anne - Vikings | Aaron Cohn | 5:15pm | Home |
| Wednesday | October 17 | Blackmon Road – Eagles | Aaron Cohn | 5:15pm | Home |
| Wednesday | October 24 | Richards - Warriors | Richards | 5:15pm | Away |
| Tuesday | October 30 | Harris County - Tigers | Harris County | 5:15pm | Away |
| Monday | November 5 | Playoffs – First Round | Kinnett Stadium | TBD | |
| Thursday | November 8 | Semifinals | Kinnett Stadium | TBD | |
| Thursday | November 15 | Finals | Kinnett Stadium | 6:30pm | |

Cheerleaders are REQUIRED to attend ALL football and basketball games with the exception of emergencies.

Unexcused absences may result in dismissal from the cheerleading team.