

## AARON COHN MIDDLE SCHOOL: FOOTBALL TRYOUT INFORMATION

### Tryout Dates and Times:

- Monday, September 19, 2016 from 4:10 – 6:00 pm. **(TRYOUTS ARE CLOSED TO PUBLIC)**
- Tuesday, September 20, 2016 from 4:10 – 6:00 pm. **(TRYOUTS ARE CLOSED TO PUBLIC)**
- Wednesday, September 21, 2016 from 4:10 – 6:00 pm. **(TRYOUTS ARE CLOSED TO PUBLIC)**

### Forms needed to try out:

- Physical
- Parent permission form (found on ACMS website under “Athletics”)
- Copy of insurance card

\*The above forms should be on file with Coach Ingram

### Items needed for try outs:

- Tennis shoes and/or cleats (do not buy anything for try outs)
- Shorts
- T-shirt

### Students will be evaluated based on the following:

- Toughness
- Speed
- Footwork/agility
- Catching abilities
- Football IQ/Instincts
- Awareness
- Sportsmanship
- Coachable

The football roster will be posted online Wednesday, September 21, 2016 evening.

Please plan on attending the **MANDATORY** parent meeting Thursday September 22, 2016 for those who make the team. It will be after practice located in the cafeteria at 6:00 p.m. Be prepared to pay fees. I plan to order on Friday September 23, 2016 so it will be back on time.

### Estimated cost for football players: \$140, Money needs to be paid at Mandatory Parent Meeting, CASH ONLY

- Athletic fee
- t-shirt
- dri - fit shirt (wear under shoulder pads)
- socks (ACMS logo) (2 pair)
- shorts
- Polo shirt (wear to school on game day)
- Mouth piece

### Additional cost not included in the estimated Athletic fee:

- Admission into games: \$5 – adults, \$3 - students
- Football cleats
- girdle
- Any other football attire that’s not needed: wristbands, under armour, etc