Aaron Cohn VOLLEYBALL 2016

Schedule: Tryouts September 19, 20, 21, 2016 from 4:00 p.m. to 5:30 p.m.

- Students trying out should report to the gym at afternoon dismissal.
- Tryouts and practices are closed to parents and visitors. Please remain in the parking lot until your child is dismissed each day.

Requirements to tryout for Volleyball:

- 1. Current physical on file with Coach Ingram*
- 2. <u>Athletic parent permission form on file with Coach Ingram*</u>
- 3. Copy of insurance card on file with Coach Ingram
- 4. Willingness to work hard

*Forms can be picked up in the gym or downloaded from ACMS Website under "Athletics"

Making team will be determined by the following:

- Skills (Passing, Setting, hitting, Serving) 60%
- Athletic Ability (Quickness, Endurance, Strength, Jumping Ability) 10%

Practice and Game Schedule

If you make the team, practice will begin Thursday, September 22nd. Practices are Mondays through Fridays. We will practice from 4:00 to 6:00 p.m. Players will be given a calendar with games, practice dates and times. Please make sure you keep up with all dates and times. A game schedule is on the ACMS website.

Costs:

Required Total is \$55.00

- \$25 athletic fee is to be paid by all team members.
- \$15 Volleyball socks
- \$15 Team Tee Shirt (Additional ones can be ordered for family members)

Optional Items for additional cost:

- \$50 Warm-Up
- \$10 Hair Bow
- \$25 Bag

Everything must be paid in CASH at the PARENT MEETING.

Parent Meeting is Thursday, September 22 at 5:00 in cafeteria.

Please keep in mind that the admission fee for all volleyball games for parents and fans. The fee is as follows: \$5.00 for Adult. \$3.00 for Students.